

THE
DISTILLER
OF
LONDON: ¹⁰³³₃

With the CLAVIS to
unlock the deepest Secrets.
OF THAT
Mysterious Art.

WITH MANY
ADDITIONS

Of the most Excellent
CORDIAL WATERS
Which have been Pen'd
by our most able Doctors
and Physitians, Ancient
and Modern, Foreign
and Domestick.

Now published for the Publike good.

London, Printed for Tho. Huntington and Wil.
Nealand, and are to be sold at their
Shops in Duck-lane. 1652.

THE
DISTILLER
OF
LONDON



ADDITIO
CORDIA
Which have been found
by the most able Doctors
of the University of
Oxford
The first of the
series of the
series of the
series of the



To the Company of

DISTILLERS OF LONDON.

Hereas our So-
W vereign Lord
the KINGS
most Excellent Ma-
jesty hath been graci-
ously pleased, by His
Royal Letters Patents
under the Great Seal
a 3 of

of ENGLAND; To
Incorporate (together
with us) the Distillers,
&c. in and about Lon-
don, into one intire
Body Politique, and
Company of Distillers
of London. And a-
mongst divers powers
and immunities, unto
us and our Successors
by the said Letters
Patents granted, His
Majesty hath therein
given special command,
That

That a Book of Rules
and Directions con-
cerning Distillation of
Strong-waters, &c. and
making Vinegars, &c.
should be compiled, and
by us approved and
allowed; as by the said
Letters Patents or
Charter of Incorpora-
tion, more at large doth
appear. In obedience
to His Highness said
Commands, this pre-
sent Book hath been

composed, entituled,
THE DISTILLER
OF LONDON.
Which Book and the
Rules and Directions
therein contained, We
have examined and
corrected, and do well
approve and allow of
the same, and every
part thereof; signifying
and declaring, to the
whole Company of
Distillers and their
Successors (and whom-
soever

whomsoever else the
same may concern)

That the Rules (and
Directions therein con-
tained, are good and
warrantable; and may
safely be followed and
practised, by all the
Members of this Com-
pany, and their Succes-
sors, in preparing, com-
posing, distilling, and
making the several
kindes and sorts of
Wares, therein nomi-
nated

nated and expressed,
(and others of like nature) And these several
kinds and sorts of
Wares and Merchandises,
being accordingly,
duly ordered and
made; cannot be otherwise,
then good, sound,
and warrantably merchantable;
and such as may very well
serve, to and for most uses
and occasions, whereunto
any of those kinds and
sorts

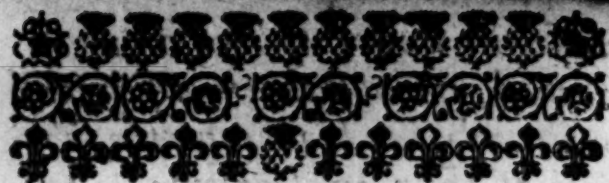
sorts of Wares and
Commodities, are or
may be required ; as
well for spending with-
in any of His Majesties
Realms, Dominions,
and Plantations, &c.
as for victualling of
Ships for any voyage,
or undertaking whatso-
ever ; and for transpor-
tation by way of mer-
chandise, into any the
parts beyond the Seas,
in the usual way of
Com-

Commerce and Trade.
In confirmation of the
reality hereof, we have
hereunto subscribed
our Names ;

Theodorus de Mayerne , Regi-
arum Majestatum Medicus
primarius.

Thomas Cademan , Medicus
Regineus.

To



TO THE
Society and Company
of Distillers of London :
And to every particular
Member of the same.

The present *Master, Founder,*
Wardens, and Assistants of that
Company, with increase of Know-
ledge, and Endless Happiness.

I *T* hath been observed in
all Ages, that the most
excellent of Humane
Arts, that ever were
invented by the ingenuity of men
of the most infallible Judgements,
That even those Arts have not re-
tained their first perfection lon-
ger, than they have been confined
within the limits of their Au-
thors, or like Artists practice. For

no sooner have they been divulged abroad, amongst the inconsiderate multitude, and so become the subject of their employments, but those Arts have been thereby exposed to eminent danger of being corrupted through blinde Ignorance, or wilful Error. Among the rest, (as a hereditary evil incident to all Arts) it may as truly be said of this Art and Mystery, the subject of our discourse; for no sooner was the practice thereof, taken up as the last refuge of men inexpert, and of decayed Fortunes, (who have (in all times) been ushered in, and instructed by such as themselves.) But forthwith it fell extreamly short of its former excellent esteem, and true perfection; and by degrees is grown so deformed, that Artists either do not, or rather are ashamed to acknowledge it, to be the same thing, so strangely is it transformed.

transformed. But our intentions
are not to upbraid the ignorance
or folly of any, but rather endea-
vor the information and direction
of such of our Members (as want-
ing the true knowledge of this
Art) have run into Errors and
Absurdities in their practices.
And for our more orderly procee-
ding in that behalf, have first
made diligent search, to discover
and finde out the causes of these
confused disorders, both in the
Trade, and amongst the practitio-
ners. And finde them principally
to arise from want of power to re-
gulate the true professors, and
means to suppress, or at least stop
the current of the disorderly and
inordinate intrusion of Interlo-
pers into the practice of this Art:
who by their preposterous ways of
working, and frequent use of
base and unsound materials,
have brought scandal, not

onely upon the works of this Art,
(the Wares) but also on the Art,
and Artists themselves. For sup-
pression and future prevention of
such Delinquents, and their erro-
nious ways; and relief, and re-
formation of the present Distil-
lers, and their lawful Successors.
His Majesty hath been gracionfly
pleased, to supply us with the
means to perform both, by Incor-
porating us into one intire Body
Politique, and granting us and
our Successors, powers and im-
munities, tending to Reforma-
tion, and good Government for
time to come.

And being thus enabled by His
Majesties favor, and in obedience
also to His Highnesss Royal Com-
mands, (in the said Letters Pa-
tents) We have prepared and
made ready these Rules and Dire-
ctions following, aptly fitted and
composed, for the imitation and
practice

practice of all the Members of this Company, and their Successors. And having therein rejected and utterly forbidden, the use of base unsound Materials and Ingredients, and taken away the abusive use, or mis-employment, of those that are sound and warrantable. It now remains that you, together with us, Do henceforth yeild all ready conformity, to these Instructions and Directions, and rightly and duly put the same in practice.

And as we (with constant resolutions) have hitherto undergone the care and trouble, of procuring things tending to Reformation and settled Government of the Company; so now we expect (as justly we may) that you will second us, cheerfully with your best abilities, to perfect and establish this good work.

In this Book we have purposely

incisted, principally on the most
inferior and ordinary sorts of
Wares, such as are most usually
required for Trade and Com-
merce, Foreign and Domestick.
And therein have applied our
selves, to accommodate all sorts
of people that shall have occasion
to use our Wares. And here it is
not amiss by way of Admonition,
to give a touch of what you are
(by our Charter and Ordinances)
strictly required and enjoined to
observe and do; that is, That
neither the present Members of
this Company, nor any of them,
nor any of our Successors at any
time hereafter, under any pre-
tence whatsoever: Do presume to
distil or make any of the kinds
or sorts of Wares here expressed,
or any other sorts of like nature;
any way meaner, weaker, or other-
ways inferior to those here pre-
scribed. (For, by yeilding to
humor .

humor some sorts of people in that particular, of making poor conditioned Wares, it hath been the very bane of the Trade, and scandal to the Art, and Artists.) But you are not denied the making of any of these, or like kindes and sorts of Wares and Merchandises (according to Art) as much better, richer, or stronger, as you please. And to that purpose we have here made Provision, in some competent maner, to furnish you with Rules and Directions, to distil and make richer and higher prized Wares and Merchandizes of those kindes; as also for enriching and bettering of divers of those meanest sorts here set down; either by addition of greater quantities of the same, or more sorts of Ingredients; to the Rules whereunto those additions are properly referred: Unto which, if any shall yet desire to adde more, or other Ingredients,

They ought to be persons so qualifi-
ed, and of such abilities, as are
able to give an Artlike account
for their so doing: Others, by tam-
pering, pretending to amend, will
rather indanger spoiling all. We
are here to admonish both our pre-
sent Members, and Successors al-
so, to disclaim the abusive practi-
ces of some of the Professors of
our Art; who, either by giving
their undeserving Wares, Appel-
lations of note, proper onely to the
best approved Authors Rules and
Compositions, of this kinde, pur-
posely to delude the buyers, by such
their false glosses; or else by add-
ing to their warrantable Wares,
impertinent (if not ridiculous)
titles, to the former (or worse)
ends. These abuses (being of scan-
dalous nature) if henceforth any
shall presume to commit, they are
to expect sharp reprehension, if not
punishment, for their folly and de-
ceipt:

ceipt: Also all the present Members of the Company, and our Successors, are to take special notice, That they are by the Ordinances, as also by their Oaths, strictly required, To place the true and proper names and titles of every sort of Wares (made ready and fitted for sale) respectively, upon each particular Vessel containing those Wares, standing in their Shops or elsewhere: As also, on all such Vessels of Wares as shall be put up for sale, or sold, in some evident place, and legible manner, that it may be visible to all whom it may concern; and that they also place their own proper Mark (allowed them out of the Hall) on all the vessels containing the wares they sell, in manner as by our Charter and Ordinances is required. And now to return to such as desire to imitate the best approved Authors in their titles;

titles; let not such, do those Authors the injury, to deprive them of the least jot of the true compositions proper to those titles; nor alter the nature of their excellent things, by unartlike or preposterous working. If you vary in any particular from their Rules, be sure to add to the excellency and goodness of the thing, else let their prescriptions be intire: otherwise you may undergo a censure, and deservedly suffer for your errors.

And here our duty requires us all (that are Distillers by profession and Trade) to acknowledge with thankfulness, the great care and industry (in adding of divers excellent Rules herunto, and circumspect perusal and correction of this Book) performed by the Right Worshipful Sir Theodore de Mayerne Knight, First Physician to the King and Queens most Excellent Majesty, Founder
and

and perpetual, principal Assistant
of this Company of Distillers :
And the Right Worshipful Doctor
Thomas Cademan, Physician to
the Queens most Excellent Ma-
jesty ; first, and present Master of
the same Company. And now
least we frame our gate over large
for our little City, we shall con-
clude with this one admonition,
That seeing we have here forbid-
den the use of unsound Materials
and Ingredients, and prescribed
for use, onely such as are sound
and warrantable.

If any Member of this Com-
pany or their Successors, having
these Directions (which all must
have and observe, that intend
to practice this Art) shall yet
notwithstanding, make unmer-
chantable Wares, of any of these
kinds, (or any other of like na-
ture) or Wares any way inferior to
these

these prescriptions : Such may deservedly, not onely undergo the censure of palpable ignorance, or malicious wilfulness ; but also justly suffer whatsoever by the Laws of the Kingdom, Ordinances of the Company, or otherwise, may be imposed or inflicted on them, for their delinquency. And so in assured confidence of the respective and willing conformity of you all, in all things ; do bid you all heartily farewell.

Thomas Cademan, Master.

Theodorus de Mayern, Founder.

Edward Hooker, Foulk Wernleighton, Ralph Triplet, Wardens.

Will. Brouncker, Edw. Franckon, Henry Pinson, Roger Palmer, John Brewer, Barnard Fountain, George Snelling, John Bailey, Daniel Cage, Thomas Dallock, Henry Green, Thomas Coe, Francis Heath, Will. Bess, John Woods, William Wilks, Henry Boyce, Hugh Boyer, John Carwytham, Assistants.

THE

THE
DISTILLER
OF
LONDON:

OR,
Rules and Directions

- For extracting and drawing of
Low-Wines and *Spirits*,
to be redistilled into
Rich-Spirits, *Strong-Waters*,
or *Aqua-vita*.

Whereas some of
the Professors of
Distillation, in
and about *Lon-*
don, have heretofore u-
sually

2 *The Distiller of London.*
usually drawn Strong-wa-
ters and *Aqua-vita*, &c.
out of Wines, Low-wines,
and Small-Spirits, &c. by
one alone immediate ex-
traction, operation, or
distillation, (contrary to
the most approved form of
working in this our Art)
and have been so opinion-
ated of their own heredi-
tary erroneous ways, that
they have esteemed the
maner and order here
taught, to be altogether
unnecessary and improvi-
dent, in that there is here
required *Redistillation*,
which they have ever
thought

The Distiller of London. 3

thought to be superfluous: Not considering, that what they save by their seeming thrift, they lose double, in the excellency of their Wares, and otherwise. Wherefore that such may not onely acquit themselves of an aspersiō of ignorance (not undeservedly cast upon them) but also vindicate both their own, and the Companies reputation, for time to come: The Directions following, are henceforth by them and every Member of the Company, and

-1702
B 2 their

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their Successors; duly and
exactly to be observed
and practised from time
to time for ever hereafter.

That all Wines, Lees
of Wines, Low-Wines,
and Spirits, under proof
whatsoever (intended for
making of rich or high
Spirits, Strong-Waters,
or *Aquavita*, &c.) Be first
distilled, extracted, or
drawn into strong Proof-
Spirit, whereby they may
be corrected and cured of
their natural, harsh, dis-
tasteful, unsavory, or evil
qualities, before they be
com-

The Distiller of London. 5

compounded with ingredients, or extracted and drawn into rich or high Spirits, Strong-waters, or *Aqua-vita*; according to Art, and as is required in the ensuing Rules.

ANd because many gross absurdities have been frequently practised, in adulterating some, and abusing others, of the materials used in Distillation, and otherwise by Distillers, by such as onely respect their own particular gain; regarding neither the profit or

6 *The Distiller of London:*
credit of Distillers that
have been necessitated to
make use of such their ill-
conditioned Wares :
Wherefore, that these
grievances may be re-
moved for time to come,
The Directions following,
are strictly to be observed
and practised by all the
Members of this Company
and their Successors, from
time to time for ever.

That no Afterworks or
Wash (made by Brewers,
&c.) called *Blew John*,
nor musty, unsavory, or
unwholesome Tilts, or
Dregs

The Distiller of London

3

Dregs of Beer or Ale;
nor unwholsome or adul-
terated Wines, or Lees of
Wines; nor unwholsome
Sugar-waters; musty, un-
savory, or unwholsome re-
turned Beer or Ale; nor
rotten, corrupt, or unsavo-
ry Fruits, Drugs, Spices,
Herbs, Seeds; nor any
other ill conditioned ma-
terials of what kinde so-
ever; shall henceforth be
distilled, extracted, or
drawn into Small-spirits,
or Low-wines, or be any
other way used, directly
or indirectly, by any the
Members of this Com-

Association

B 4

pany,

8 *The Distiller of London.*

pany, or their Successors,
at any time hereafter for
ever.

AND whereas of late
times the Small-spi-
rits or Low-wines, made
and sold, as well in and
about *London*, as elsewhere
in this Commonwealth,
have been generally com-
plained of, for their mean,
weak, and poor condition;
whereby many inconveni-
ences have fallen upon most
of the *Distillers* in gene-
ral; And that not through
the alone practises of such,
as have no just title to, or
interest

interest in this Incorporation; but even by some of the *Distillers* themselves, who (notwithstanding their pretences, of being necessitated thereunto) have justly deserved reproof, for yeilding to be Actors in a thing of such ill consequence to *Distillers* in general. Wherefore That those abuses and disorders may now be taken away, and the like prevented for time to come, the ensuing Rule, is duly to be observed and practised.

That

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That no Small-spirits
or Low-wines, shal hence-
forth be distilled, extract-
ed, or made, and be allow-
ed to be sold, put to sale,
or used by any of the
Members of the Com-
pany, or their Successors,
But such onely, as out of
w^{ch}, by one alone redistil-
lation, extraction, or ope-
ration, may be produc'd in
quantity, at least one third
part thereof, of good
Strong Proof-spirit, such
as is required in the Rules
ensuing, for making rich,
or high Spirits, Strong-
waters, or *Aqua-vita*, &c.
under

The Distiller of London. II

under such pains, pen-
alties, and punishments, as
by the Laws of the Com-
monwealth, Ordinances,
or Orders of the Com-
pany, or otherwise; may
be imposed or inflicted on
the contemners, neglecters
or opposers of these Di-
rections.

The Names of the several Waters and Spirits, contained in this Book, Alphabetically exprest, according to their Latine Appellations.

Page.	Rule.	
v.	Aq. Anisi,	Aniseed-water,
v.	Aq. Angelica,	Angelica-water,
c.	Aq. Absinthii,	Wormwood-water,
30.	Aq. Balsamita,	Bassamint-water,
34.	Aq. Caryophyllorum,	Clove-water,
40.	Aq. Caryophyllata,	Avens-water,
45.	Aq. Calendula,	Marigold-water,
49.	Aq. Carui,	Caruway-water,
51.	Aq. Cinnamomi communis,	Cinnamon-water common,
52.	Aq. Cinnamomi optimi,	Cinnamon-water proper,
53.	Aq. Carminativa,	Wind-water,
54.	Aq. ad Crispulum,	Surfeit-water,
55.	Aq. Diaphoretica,	Wat.to procure Sweat
56.	Aq. Florum,	Water of Flowers,
57.	Aq. Fructuum,	Water of Fruits,
58.	Aq. Foeniculi dulcis,	Sweet Fennel-water,
59.	Aq. Lavendula,	Lavender-water,
60.	Aq. Limonium, & Aurantii,	Lymon and Orange-waters,
61.	Aq. Melissa,	Balm-water,
62.	Aq. Mentha,	Mint-water,

The Table of several Waters. I

Page. Rule.

yn. Aq. Majorana,	Majoram-water,
ny. Aq. Pretiosa,	Precious-water,
nn. Aq. Nucis Moschata,	Nutmeg-water,
nn. Aq. Pessifaga,	Plague-water,
o. Aq. Rosæ marini,	Rosemary-water,
yc. Aq. Rosæ solis.	Vulgarly so called,
vy. Aq. Rosæ Solis,	Ros solis proper,
ys. Aq. Stomachica mi-	Stomack-wa-
nor,	ter small,
yy. Aq. Stomachica ma-	Stomack-wa-
jor,	ter great,
zt. Aq. Anti-Scorbutica,	Scorbutical-water,
vs. Aq. Salvia.	Sage-water,
y. Aqua-vitæ,	Aquavitz
n. Aqua-vitæ,	2 sorts,
yu. Usquebach.	The Irish Appellation,

The



The Characters expressing the quantities, qualities, and kindes of Materials and Ingredients used in this Work.

R. Recipe.	℞ Ounce.
Q. S. A sufficient quantity.	℥ Pound.
ana Of each.	○ Roses.
S. A. According to Art.	✱ Gilli-flowers
B. M. A hot Bath.	△ Poppy.
M. A handful.	♂ Sanders.
□ A Barrel.	♀ Rape.
℞. A quarter.	♀ Malt.
gr. Grain.	* Hops.
℥ Dram.	A. Allum.

The Ten small *Italica* Letters (of the Alphabet) below, are in all respects to be esteemed and valued, in whole Numbers and Fractions; as the Numeral Figures and Cipher in Arithmetick are:

As in Example.

1, 2, 3, 4, 5, 6, 7, 8, 9, 0.

y n v o e a t e r, THE.



THE
DISTILLER
OF
LONDON:
OR,

Rules and Directions
for Preparing, Composing,
Distilling, Extracting, and
making of Rich-Spirits,
Strong-Waters, and
Aqua-vite, &c.

Rule I.

Take strong Proof-spi-
rit, \times Es.
T Aniseeds bruised,
 \times y.
T Distil them into
strong Proof-spirit, S. A.

C 2

II.

II.

℞ E.
℞ v.

℞. Strong Proof-spirit, ℞. S.

Aniseeds, ℞ n.

Caraway

Coriander

℞ v.

Distil them into strong Proof-spirit, S. A.

III.

℞. S.

℞. Strong Proof-spirit, ℞ Es.

Aniseed the best, brused,

℞ E.

Distil them into strong Proof-spirit.

Dulcifie with white Sugar, S. A.

℞ E.

IV.

℞ E.

℞. Strong Proof-spirit, ℞. S.

℞ n. or

Angelica Roots, ℞ 1/2, or

℞ yn.

Angelica Herb green, ℞ 1/2.

℞ y. & c.

Aniseeds, ℞ 1/2, or

Slice

Slice the Roots thin, or bruse
them and the Seeds.

Distil them into strong Proof-
spirit.

Dulcifie with white Sugar, $\times c.$ $\Omega E.$

V.

R. Strong Proof-spirit, $\times Es.$ $\mathcal{Q}. S.$

Aniseeds best, brused, $\times y.$ $\Omega y.$ $\delta c.$

Wormwood common, leaves
and Seeds stript and dry,

$\times n.$

$\Omega v.$

Distil them into strong Proof-
spirit, $S. A.$

Dulcifie with white Sugar, $\times c.$ $\times 2.$

VI.

R. Strong Proof-spirit, $\mathcal{Q}. S.$ $\times E.$

Herb Balm dry, $\times v.$

$\Omega o.$

Aniseeds, $\times y.$

$\Omega y.$ $\delta c.$

Distil them into strong Proof-
spirit, and dulcifie with white

Sugar, $\mathcal{Q}. S.$ $S. A.$

$\Omega E.$

VII.

℞. S.
 ℞ v.
 ℞ y. 8 c.

Rx. Strong Proof-spirit, ℞ Es.

Speir Mint dry, ℞ v.

Anisefeeds best, ℞ y.

Distil them into strong Proof-spirit.

℞. S.

Dulcifie with white Sugar, ℞ c.

VIII.

℞ E.
 ℞ v.
 ℞ y. 8 c.

Rx. Strong Proof-spirit, ℞. S.

Rosemary stript dry, ℞ vs.

Anisefeeds best, ℞ ya.

Distil them into strong Proof-spirit.

℞ E.

Dulcifie with white Sugar, ℞. S.

IX.

℞. S.
 ℞ v.
 ℞ y. 8 c.

Rx. Strong Proof-spirit, ℞ Es.

Lymon pils dry, ℞ vs.

Anisefeeds best, ℞ ya.

Bruse the Pils and Seeds.

Distil them into strong Proof-spirit, S. A.

℞ E.

Dulcifie with white Sugar, ℞ c.

X

Rx. Strong-Proof-Spirit, ℥ S. ✕ E.
 Speir Mine, dry.
 Lovage Roots, dry.
 Aniseeds, ana, ✕ y. ℥ y. 8 c.
 Calamus Aromaticus.
 Ginger.
 Sweet Fennel Seeds.
 Imperatoria Roots.
 Wormwood dry, fript,
 ana, ℥ E. 8 i.
 Caruway } Seeds, ana, ℥ a. 8 c.
 Coriander }
 Cumine Seeds,
 Cloves, ana, ℥ v. 8 n.
 Bruise them that are to be
 brused.
 Distil them into strong Proof-
 spirit, S. A.
 Dalcifie with white Sugar, ✕ c. ℥ E.

XI.

Rx. Strong Proof-Spirit, ✕ Es. ℥ S.
 Calamus Aromaticus, ℥ a. 8 c.
 C 4 Guaiacum

The Distiller

Guaiacum green Bark.

Avens Roots dry.

℥ v.

Galingal, *ana*, ℞ o.

℥ x.

Citron Pills dry.

Orange Pills dry.

℥ n.

White Cinnamon, *ana*, ℞ v.

Wormwood Common dry.

Wormwood Roman dry.

Speir Mint.

Rosemary tops.

Costmary.

Sweet Marjoram.

Wilde Thyme, all dry, *ana*,

℥ j.

℞ n.

Nutmeg,

℥ n.

Cinnamon, } *ana*, ℞ n.

Cubebs

℥ x.

Cardamums } *ana*, ℞ j.

Sweet Fennel } Seeds, *ana*,

℞ n.

Coriander } ℞ o.

℞ n. ℥ v.

Aniseeds, ℞ j.

Bruse them all that are to be
brused.

Distil them into strong Proof-
spirit.

℞ ja.

Dulcifie with white Sugar, ℞ js.

S. A.

XII.

R. Strong Proof-spirit, ℞. S. ℞ E.
 Sweet Marjoram dry, ℞ v. ℞ c.
 Aniseeds, ℞ j. ℞ j. ʒ c.
 Caruway, ℞ o. ʒ v.
 Calamus Aromaticus, ℞. ʒ c.
 Bruise them.
 Distil, and Dulcifie, with white
 Sugar, ℞. S. A. ℞ E.

XIII.

R. Strong Proof-spirit, ℞ Es. ℞. S.
 Aniseeds, ℞ j. ℞ j. ʒ c.
 Cloves, ℞ n. ʒ j.
 Nutmeg. V X
 Ginger.
 Caruway Seeds, ana, ℞ o. ʒ v.
 Distil them into strong Proof-
 spirit, S. A.
 Then adde to the distilled water
 Licorice, spa. } ana, ℞ n. ℞ v. ʒ j.
 Rayfins, sol. }
 Bruise the Licorice and Rayfins.
 Dulcifie with brown Sugar, ℞ c. ℞ E.
 Stir them well together, and so
 let

The Distiller

let it stand, 7 days, and then
being fine) draw it off, and
keep in for use.

XIV.

℞. Strong Proof-spirit, ℞s.
Balsamint dry, ℞ n.
Aniseeds best, ℞ y.
Caruway Seeds, ℞ o.
Limon Pills dry, ℞ E.
Bruse them that are to be brused.
Distil them into Proof-spirit.
Dulcifie with white Sugar, ℞ c.
S. A.

XV.

℞. Strong Proof-spirit, ℞ Es.
Cinnamon of the best, ℞ E.
Cloves, ℞ n.
Nutmegs.
Ginger.
Caruway Seeds, ana, ℞ o.
Marygold Flowers.
Aniseeds, ana, ℞ ya.
Bruse them.

Distil

Distil them into strong Proof spirit, S. A.

Then add to the distilled water

Licorice Spanish, $\times y$. $\Omega y. \text{ } \delta c.$

Rayfins, sol, ana , $\times c.$ $\Omega E.$

Brown Sugar, $\delta v.$

Bruse the Licorice and Rayfins.
Stir them well together, and let
them stand, $yn.$ days, then
being cleer, it may be drawn
for use.

XVI.

R. Strong Proof-spirit, $\mathcal{Q}. S.$ $\times E.$

Cloves of the best, $ys.$ $\Omega y.$

Aniseeds, $\Omega ya.$ $\Omega y. \text{ } \delta c.$

Distil them into strong Proof-spirit.

Dulcifie with white Sugar, $\times c.$ $\Omega E.$

XVII.

R. Strong Proof-spirit, $\times Es.$ $\mathcal{Q}. S.$

Cinnamon of the best, $\times c.$ $\Omega E.$

Aniseeds, $\Omega ys.$ $\Omega y.$

Distil

The Distiller

Distil them into Proof-spirit,
S. A.

℞. ym.

Dulcifie with white Sugar, ℞ 12.

XVIII.

℞ E.

R. Strong Proof-spirit, ℞ 1.

℞ ya.

Cinnamon bekk large, ℞ 12.

Distil them into Proof-spirit,
S. A.

℞ ns.

Take white Sugar, ℞ 12.

℞ a. 8 v.

Rose water, ℞ 0.

Make them into a Syrup, and
dulcifie therewith, S. A.

XIX.

℞ S.

R. Strong Proof-spirit, ℞ E.

℞ E.

Sweet Fennel Seeds, ℞ c.

8 v.

Caruway Seeds, ℞ 0.

℞ y. 8 c.

Aniseeds, ℞ ya.

Distil them into Proof-spirit.

℞ E.

Dulcifie with white Sugar, ℞ c.

XX.

R. Strong Proof-spirit, ℥. S. ✕ E.
 Marigold flowers, new gathered, pickt clean, n. pecks
 heaped. ℥. S.

Bruse them.

Sweet Fennel seeds.

Aniseeds, ana, ℥. ys.

℥. r.

Distil them into strong Proof-spirit.

Dulcifie with white Sugar, ✕ c. ℥. E.

XXI.

R. Strong Proof-spirit, ✕ Es. ℥. S.

Caruway seeds, ℥. vs.

℥. v.

Aniseeds, ℥. ys.

℥. y.

Rosemary dry, ℥. o.

℥. v.

Limon pills dry.

Cloves, ana, ℥. v.

℥. 1/2

Distil them into Proof-spirit,

S. A.

Dulcifie with white Sugar, ✕ c. ℥. E.

D. XXII.

XXII.

℞ E. R. Strong Proof-spirit, ℥. S.
 ℥ n. Nutmegs best, ℥ ns.
 ℥ y. Aniseeds, ℥ ys.
 Bruise them.
 Distil them into Proof-spirit,
 S. A.
 ℥ E. Dulcifie with white Sugar, ℞ c.

XXIII.

℥. S. R. Strong Proof-spirit, ℞ Es.
 Enulacampāna.
 Avens.
 Angellica.
 Roots { Cyperus.
 Calamus Aromaticus.
 Sassafras, ana, ℥ c.
 Zedoary }
 Galingal } ana, ℥ o.
 Cassia Lignea.
 Lignum Rhodium.
 Yellow Saunders, ana, ℥ v.
 Citron }
 Orengo } pills dry, ana, ℥ a.
 Cinnamon

Cinnamon white.

Nutmegs.

Maces.

Ginger, ana, ℞ 6.

℞ 2

Cinnamon best, ℞ no.

℞ n.

Cloves.

Cardamums.

Cubebs, ana, ℞ n.

℞ a.

Sweet Chervile.

Basil. ana, ℞ v.

℞ v.

Seeds

Coriander

Sweet Fennel } ana, ℞ ys ℞ y.

Anise, ℞ ns.

℞ n.

Bruse them.

Distill them into Proof-spirit,
and dulcific with fine Sugar,

℞ yc. S. A.

℞ no.

Let it stand till it be fine, then
draw it off, and add Musk,

℞ y.

gr. z.

Ambergreece, ℞ o.

gr. no.

Then let it cleer, and draw it
for use.

XXIV.

R. Strong Proof-spirit, ℞ S.

℞ E.

Entulacampana Roots dry.

D 2

Anise-

℞ y. & c.

Aniseeds, *ana*, ℞ y.

Ciperus Roots.

Bark, of the Roots of Bay-tree, or as much leaves.

Sassafras with the Bark.

℞ o.

Cinnamon white, *ana*, ℞ a.

Calamus Aromaticus.

℞ v.

Orange Pills dry, *ana*, ℞ o.

Clary.

Mints red.

Callamint.

Elder } flowers, *ana*,

℞.

Camomile } ℞ c.

{ Sweet Fennel }

℞ v.

Seeds { Caruway } *ana*, ℞ v.

{ Angelica }

Coriander Seeds.

Cardamums.

Cubebs.

Grains of Paradise.

Cloves.

℞ n.

Ginger, *ana*, ℞ n.

℞ y.

Pepper { white } *ana*, ℞ ys.

{ long }

Bruse them all grossly.

Distil them into strong Proof-spirit, S. A.

℞ ja.

Dulcifie with white Sugar, ℞ ys.

Draw

Draw it for use, when it is perfectly clear.

XXV.

R. Strong Proof-Spirit, ℥ ss. Q. S.
 Butter-bur Roots, dry, ℥ ss. ℥ v. 8 y.
 Valerian (common) Roots.
 Aniseeds, ana, ℥ y. ℥ y. 8 c.
 Vincetoxicum Roots.
 Sassafras Roots, with the
 Bark, ana. ℥ E. 8 y.
 Angelica Herb, dry.
 Carduus Benedictus.
 Great Valerian, Herb and
 Roots, all dry.
 Scordium, ana, ℥ yn. ℥ y. 8 y.
 Cowslip } flowers, ana,
 Marigold } ℥ ys. 8 y.
 Juniper Berries, ℥ ss. ℥ n.

Bruse them all.

Distil them into Proof-Spirit.

Dulcifie with fine white Sugar, ℥ ya.

S. A. ℥ ys.

XXVI.

R. Strong Proof-Spirit, Q. S. ℥ E.
 D 3 Juniper

℞ v. ʒj

Juniper Berries, ℥ n.

℞ y. ʒc.

Enulacampana Roots, dry,

℥ y.

ʒ v.

Calamus Aromaticus.

Gallinal, ana, ℞ o.

Wormwood

ʒ j.

Speir-mint

Red Mint, all dry

} ana, ℞ n.

ʒ j.

Caruway

Angelica

} Seeds, ana, ℞ n.

Sassafras Roots, with the
Bark.

ʒ n.

White Cinnamon, ana, ℞ v.

Nutmegs

ʒ o.

Maces

Ginger

Cloves

} ana, ℞ y.

℞ a.

Red Poppy flowers, ℥ o.

℞ o.

Aniseeds, ℥ n.

Bruse them all.

Distil them into strong Proof-
spirit.

℞ ya. Dulcifie with white Sugar, ℥ ys.

XXVII.

℞. S. Rx. Strong Proof-spirit, ℥ Es.

℞ v. ʒj

Horse Redish Roots, dry, ℥ n

Enula-

of London.



Emulacampa Roots, dry.

Aniseeds, *ana*, $\times y$.

$\Omega y. \delta c.$

Water

Winter } Cressies.

Garden }

Tarragon.

Balsamint.

Scurvey-grafs (Garden)

Wormwood.

Brook-lime.

Trefoyl (Water)

Sweet Chervile, *ana*, $\Omega a.$

$\Omega. \delta. \delta.$

Arsmart, $\Omega E.$

$\Omega. \delta. \delta.$

Musterd

Bank-cress } Seeds, *ana*,

Rocket }

$\Omega v.$

$\delta n.$

Redish }

Citron }

Oreng } Pills, dry.

Cinnamon (white)

Maces, *ana*, $\Omega a.$

$\delta v.$

Bruse them all.

Distil them into strong Proof-spirit, *S. A.*

Dulcifie with white Sugar, $\mathcal{Q}. S. \times y.$

For use, take $t.$ parts of this Spirit, and $y.$ part, of Juice of Limons (or more) mingle them

The Distiller

them together, and dulcifie it
with white Sugar, *Q.S. S.A.*

XXVIII.

✕ E.	R. Strong Proof-spirit, <i>Q.S.</i>	
℞. ʒ c.	Butter-bur Roots dry, ✕ y.	
	Garden } Valerian Roots	
	Common } dry.	
	Angelica Roots	
	Imperatoria	
℞. ʒ ʒ	Gentian	} ana, ℞ a.
	Enulacampana	
	Snake-grass Roots	
	Contra yerva	
ʒ v.	Zedoary	} ana, ✕ ʒ
	Gallinal	
	Rue leaves dry	
℞. ʒ	White Horehound	} ana, ℞ c.
	Scordium	
	Carduus Benedictus	
	Elder Flowers	
ʒ ʒ	Lavender	} ana, ℞ v.
	Maces	
	Citron Pills dry.	
ʒ a.	Juniper Berries, ana, ℞ E.	
℞. ʒ c.	Green Walnuts, with the husk, ✕ y.	

Venice

Venice Treacle

Mithridate

Anise seeds best,

Campheir,

} ana, ℞ n. ʒ y²

℞ n. ʒ v²

ʒ

Bruse or slice them, as is most proper.

Distil them into strong Proof-spirit, S. A.

Dulcifie with white Sugar, ʒ ys. Q. S.

For use, let the party infected
℞ of this water, ℞ y. mingled
with warm Posset-drink, (or
any water proper in that case)
and be kept very warm and
sweat well thereupon.

XXIX.

℞. Strong Proof-spirit, ʒ Es. Q. S.

Lavender leaves dry, ʒ v. ℞ o^v ʒ²

Lavender flowers dry, ʒ n. ℞ v. ʒ y²

Maces, ʒ² or ʒ a²

Nutmeg, ʒ y. ℞ y. ʒ c.

Lavender Cotton dry, ʒ n. ℞ v ʒ y²

Stoechados, ʒ² ʒ a²

Bruse them that are to be brused;

Distil them into Proof-spirit,
S. A.

Dulcifie

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The Distiller

℞ 14.

Dulcifie with white Sugar, ℞. S.

XXX.

℞ E.

℞ 0. 8 1/2

℞ v. 8 1/2

℞ 1/2 8 1/2

℞ 1/2 8 1/2

℞ a 1/2

℞ S.

Rx. Strong Proof-spirit, ℞. S.

Great Sage dry, ℞ v.

Red Sage dry, ℞ n.

Lavender } flowers, ana, ℞ 1/2.

Sage } dry, ana

Lavender Cotton } ℞ E.

Southern Wood } Nutmeg, ℞ 1/2.

Bruse or beat them as is most proper.

Distil them into Proof-spirit, S. A.

℞ 14. Dulcifie with white Sugar, ℞. S.

XXXI.

℞ S. Rx. Strong Proof-spirit, ℞ E.

Ros solis, gathered in due season, and clean pickt,

℞ 0.

℞ a. 8 1/2

℞ 0. 8 1/2

Juniper Berries, ℞ v.

Sassafras Roots, with the Bark.

Caraway

Caruway Seeds, ana, $\times \text{ʒ}$.

$\text{ʒ} \text{v}$.

Marygold flowers, $\times \text{ʒ}$.

$\text{℞} \text{ʒ} \text{ʒ} \text{c}$.

Aniseeds, $\times \text{ʒ}$.

$\text{℞} \text{n} \text{ʒ} \text{v}$.

Bruse them that are to be brused.

Distil them into strong Proof-spirit, S. A.

Take hereof $\times \text{℥}$. adde there-
to $\times \text{ʒ}$. of Aqua Number nv .
dulcified.

Licorice brused, $\times \text{ʒ}$.

Dulcifie with white Sugar, $\times \text{ʒss}$.

$\text{℞} \text{ʒ} \text{ʒ} \text{ʒ} \text{ʒ}$.

$\text{℞} \text{S}$.

If you adde none of the afore-
said water, then in stead
thereof ℞ Musk, $\text{ʒ} \text{ʒ}$.

Amber-greice, $\text{ʒ} \text{v}$.

Colour it with the tincture of
 ʒ or O , $\text{℞} \text{S}$. S. A.

XXXII.

℞ . Strong Proof-spirit, $\text{℞} \text{S}$. $\times \text{℥}$.

And put it into a wide
mouthed Pot (or other vessel)
stopt very close.

℞ . Those several flowers fol-
lowing in their seasons, and
being cleane pickt, put them

to

The Distiller

to your Spirit in your Pot;
viz.

Cowslips.

Woodbine.

Stock Gilli-flowers, of all
three sorts.

Damask } Roses.

Musk

Sweet-Bryer flowers.

Clove Gilli-flowers.

Lillium Convallium.

Jasmine.

Citron } flowers (or Pills
Orange } dry)

Tillia flowers.

Garden

Limon } Thyme, flowers.

Wilde

Lavender

Marygold

Cammomile

Mellilot

Elder

flowers, and

✕.

Being furnished with all your
flowers as above, when you
would distil them, adde to
them.

℞. v. 8 y.

Aniseeds, ✕ n.

Coriander,

of London.

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Coriander, ℞j.

℞j. ʒc.

Bruse the Seeds.

It were best to bruse all the flowers, as you put them up into the Spirit, for their more orderly working.

Distil them into strong Proof-spirit, S. A.

Then adde to the distilled water
O, ʒ, and Elder flowers, ana,
℞j.

℞j. ʒc.

After ʒn. days infusion, it may be drawn off.

Then dulcifie it with white Sugar, ℞js.

℞j.

And being fine, may be drawn for use.

XXXIII.

Rx. Strong Proof-spirit, ℞Es.

Q. S.

Juniper Berries, ℞o.

℞a. ʒvʒ

Quince } parings dry, ana,

Pippin } ℞n.

℞v. ʒjʒ

Limon } Pills dry, ana,

Orenges } ℞ja.

℞j. ʒc.

Nutmeg, ℞o.

ʒvʒ

E.

Anise-

38

The Distiller

℞. v. 8 y.

Anise-seeds, ℞ n.

Cloves, ℞ n.

Distil them into Proof-spirit,
S. A.

To the Spirit, adde

Straw-berries } brused, ana,

℞ I.

Raspberries } ℞ c.

Stir them well together, and af-
ter .x. days, it being cleer, may
be drawn off.Then dulcifie it with Sirup
made, as hereafter is taught.And so let it stand till it be
cleer; and then draw it off
for use.

XXXIII.

℞ E. Rx. Strong Proof-spirit, ℞ S.
℞ a. 8 y.

Avens Roots, ℞ o.

Orris Roots

Nutmeg

Yellow Saunders } ana,

Maces } ℞ n.

Lignum Rhodium

Saffron

Storax

Benjamin

} ana,
} ℞ y.
Angelica

Angelica Roots, $\Omega v.$ γn^2
 Limon Pills green, \times^2 γa^2
 Sweet Fennel } Seeds, *ana*,
 Anise } $\times y.$ $\Omega y. \gamma c.$
 Cloves, Ωy^2 $\gamma y.$
 Romain Wormwood.
 Mint dry, *ana*, $M v.$
 Steechnas flowers.
 Red Roses, *ana*, $M o.$
 Sweet Marjoram }
 Balm } *ana*, $M u. Q. S.$
 Burnet }
 Thyme, all dry }
 Alkermes Berries, $\Omega n.$ γy^2

Bruse them all that are to be
brused.

Distil them into Proof-spirit.

S. A.

Dulcifie with Sirup thus made.

Rx Rose-water, $\times o.$ $\Omega a. \gamma v^2.$

White Sugar, $\times ys.$ $Q. S.$

Boyl it to a Sirup hight, then
strain it, and put it on the fire
again ; adde thereto,

Confection of Alkermes,
 $\Omega o.$ γv^2

Sirup of Gilli-flowers,
 $\times y.$ $\Omega y. \gamma c.$

E z Amber-

The Distiller

gr. a.

Amber-greice (dissolved in
Rose-water) 8 y.

And so let these boyl a little,
till they be incorporated
with the Sirup, and so keep it
for use.

AD-



ADDITIONS

To enrich those pre-
cedent Rules, to which
(by Numbers) these are
referred; viz.

To Rules.

I and II.

Rx ♃, ☉, △, and ♂, or any of
them severally, ℞. S. And in-
fuse them in *Aqua-vita*, or
Proof-spirit, till the tincture
be drawn out; then draw off
your Spirit, and reserve it
(close stoppt) for use.

When you have occasion to use
it, take Ω E, thereof to x 12
of this water, and that will
give it a sufficient colour, or
you may take more at plea-
sure, without inconvenience.

E 3

III.

III.

Rx Aniseeds. }
 Ω E. White Sugar, } ana, ꝯc. (or
 S. A. } 2. S.

IV.

8ⁿ? Rx Caruway }
 Coriander } Seeds, ana, Ω v.
 Calamus Aromaticus.
 8^v? Zedoary, ana, Ω o.
 Aniseeds.
 8^a? Cassia Lignea, ana, ꝯ.
 8^a? Angelica Roots, Ω E. (or
 (Ω v. 8^y?) Herb Angelica, ꝯn.)
 Ω o. White Sugar, ꝯn? (or 2. S.)

V.

Rx Cinnamon.
 8^v? Cubebs, ana, Ω o.
 Sweet Fennel? Seeds, ana,
 8^a? Anise } ꝯ.
 Cloves

Cloves
 Caruway Seeds } ana, ℞ v. ʒ n^o
 Nutmegs
 Wormwood dry, ℞ ys. ℞ y.
 White Sugar, ʒ n^o ℞ o.

V I.

Rx Thyme, Garden.
 Peny Royal, ana, M v. ℞ S.
 Cardamums, ℞ n. ʒ y^o
 Anise } Seeds, ana,
 Sweet Fennel } ʒ n^o ʒ a^o
 Balm dry, ʒ y. ℞ y ʒ c.
 Nutmeg
 Ginger
 Calamus Arom. } ana, ℞ o. ʒ v^o
 Galingal
 Cinnamon }

V II.

Rx Aniseeds } ana, ʒ y. ℞ y. ʒ c.
 Speir-Mint dry }
 Calamus Aromaticus, ℞ o. ʒ v^o
 White Sugar, ʒ n^o ℞ o.

VIII.

ʒ i. ℞ Sweet Fennel Seeds } ana,
 ʒ ii. Cinnamon } ℞ E.
 ʒ i. Aniseeds }
 ℞. ʒ c. Rosemary dry } ana, ℞.
 ʒ i. Caruway, ℞ n.
 ℞. S. Speir Mint dry, Mn.
 ℞ o. White Sugar, ℞ n.

IX.

ʒ i. ℞ Caruway Seeds, ℞ o.
 ʒ i. Aniseeds }
 ℞. ʒ c. Limon Pills dry } ana, ℞.
 ℞ o. White Sugar, ℞ n.

In like maner, and quantities,
make your Composition,
with Orenge Pills dry, S. A.

XII.

℞. ℞ Cinnamon, ℞ C.
 ʒ i. Cloves, ℞ n.
 ʒ ii. Limon Pills dry, ℞ v.
 ℞ o. Sugar, ℞ n.

XIV.

XIV.

R Sweet Fennel } ana, ℞. c. - ℞.
 Cinnamon }
 Nutmeg, ℞. v. }
 Sugar, ℞. n. }
 ℞. o.

XV.

R And adde to the Spirit ? as much as the Rule, of every particular Ingredient therein expressed. And instead of ♂, give it the tincture of ♀, ☉, or Δ, Q. S. S. A.

XVIII.

R Musk }
 Amber-greice } ana, ♂. } ana, gr. v.
 White Sugar-Candy, in
 stead of common white
 Sugar, Q. S. S. A.

In respect that Musk, in some cases, may give offence to the Receiver,

Receiver; it is requisite to omit the use thereof, in some of your water of this kinde, to serve for such special uses.

XIX.

℞	Sweet Fennel Seeds, ℞ c.
℞ v.	Caruway Seeds, ℞ o.
℞ y. ℞ c.	Anise seeds, ℞ y.
℞ a.	Cinnamon, ℞ E.
℞ y.	Cloves, ℞ n.
℞ o.	Sugar, ℞ n.

XX.

℞	Cinnamon	} ana, ℞ c.
℞	Sweet Fennel	
℞ y.	Caruway	} ana, ℞ n.
℞	Cloves	
℞ S.	Marygolds, Gallons, n.	
℞ o.	Sugar, ℞ n.	

XXIII.

The Sirup for dulcifying this water, is thus to be made.

℞ A-

R Apricotes

Quinces

Cherries

English Currans

ana,

℞. S.

All full ripe, and of equal weight, when they are thus prepared as followeth.

Pare the Quinces and Apricotes, and take out the stones and kernels, and slice them very thin; stone the Cherries, and bruse them, and the Currans; then lay them into a flat Bason or Pan, thus: A lane of fruit of a fingers thickness, and then a lane of white Powder-Sugar of like thickness; and so proceed in order, lane upon lane, till all be laid into the Bason; then pour on gently, good *Aqua-vite*, till all be covered therewith, and so let it stand hours, *n*. Then bruse or possr them all together, and press out the Juice as dry as possible you can thorow a thick linnen bag; then take the Juice, and let it stand

stand till it be settled cleer,
which Juice by a gentle exal-
lation in B. M. boyl up to a
Sirup hight, *S. A.* and keep
it for use.

To every \times E of the Spirit, put
 \times y of this Sirup; and when
it is cleer, draw it off for use.

Rules



Rules and Directions

For the Company of

DISTILLERS

OF

LONDON,

In general.

But more especially for
such of them, as now do,
or hereafter shall, make
Vinegars, &c.

W Hereas upon due
examination it
hath plainly ap-
peared, That
many insufferable incon-
F veniences

58^A *The Distiller of London.*

veniences have of late faln
upon this Company, and
their Trade, in general;
by reason of the disorder-
ly and abusive expence
and employment of Brew-
ers After-Worts (called
Wash;) Inſomuch, that
thereby not onely thoſe
of this Company that
have had no hand herein,
but even the Diſtillers
themſelves that have been
the Delinquents, have in-
tolerably ſuffered both in
their Reputation, and
great decay of their
Trades, by theſe their a-
lone inconfiderate practi-
ſes.

For Reformation of
the present disorders and
abuses, and future preven-
tion of the like. These
ensuing Admonitions and
Directions, are strictly to
be observed and practised,

viz. **W**-**o** **L** **o** **t** **a** **n** **d** **S** **h** **a** **l** **l** **b** **e** **r** **e** **d** **i** **c** **t** **e** **d** **t** **h** **a** **t** **n** **o** **M** **e** **m** **b** **e** **r** **o** **r** **M** **e** **m** **b** **e** **r** **s** **o** **f** **t** **h** **i** **s** **C** **o** **m** **p** **a** **n** **y** **,o** **r** **t** **h** **e** **i** **r** **S** **u** **c** **c** **e** **s** **s** **o** **r** **s** **,n** **o** **r** **a** **n** **y** **o** **f** **t** **h** **e** **m** **,a** **t** **a** **n** **y** **t** **i** **m** **e** **h** **e** **r** **e** **a** **f** **t** **e** **r** **,f** **o** **r** **e** **v** **e** **r** **,b** **y** **a** **n** **y** **w** **a** **y** **o** **r** **m** **e** **a** **n** **s** **w** **h** **a** **t** **f** **o** **r** **e** **v** **e** **r** **(d** **i** **r** **e** **c** **t** **l** **y** **o** **r** **i** **n** **d** **i** **r** **e** **c** **t** **l** **y** **)** **s** **h** **a** **l** **l** **o** **r** 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**a** **y** **o** **r** **m** **e** **a** **n** **s** **w** **h** **a** **t** **f** **o** **r** **e** **v** **e** **r** **(d** **i** **r** **e** **c** **t** **l** **y** **o** **r** **i** **n** **d** **i** **r** **e** **c** **t** **l** **y** **)** **s** **h** **a** **l** **l** **o** **r** **m** **a** **y** **,u** **s** **e** **,d** **i** **s** **p** **o** **s** **e** **,c** **o** **n** **v** **e** **r** **t** **o** **r** **i** **m** **p** **l** **o** **y** **,a** **n** **y** **A** **f** **t** **e** **r** **W** **o** **r** **t** **s** **(o** **r** **o** **n** **l** **y** **F** **2** **W** **a** **s** **h** **,a** **n** **d** **S** **h** **a** **l** **l** **b** **e** **r** **e** **d** **i** **c** **t** **e** **d** **t** **h** **a** **t** **n** **o** **M** **e** **m** **b** **e** **r** **o** **r** **M** **e** **m** **b** **e** **r** **s** **o** **f** **t** **h** **i** **s** **C** **o** **m** **p** **a** **n** **y** **,o** **r** **t** **h** **e** **i** **r** **S** **u** **c** **c** **e** 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**e** **d** **t** **h** **a** **t** **n** **o** **M** **e** **m** **b** **e** **r** **o** **r** **M** **e** **m** **b** **e** **r** **s** **o** **f** **t** **h** **i** **s** **C** **o** **m** **p** **a** **n** **y** **,o** **r** **t** **h** **e** **i** **r** **S** **u** **c** **c** **e** **s** **s** **o** **r** **s** **,n** **o** **r** **a** **n** **y** **o** **f** **t** **h** **e** **m** **,a** **t** **a** **n** **y** **t** **i** **m** **e** **h** **e** **r** **e** **a** **f** **t** **e** **r** **,f** **o** **r** **e** **v** **e** **r** **,b** **y** **a** **n** **y** **w** **a** **y** **o** **r** **m** **e** **a** **n** **s** **w** **h** **a** **t** **f** **o** **r** **e** **v** **e** **r** **(d** **i** **r** **e** **c** **t** **l** **y** **o** **r** **i** **n** **d** **i** **r** **e** **c** **t** **l** **y** **)** **s** **h** **a** **l** **l** **o** **r** **m** **a** **y** **,u** **s** **e** **,d** **i** **s** **p** **o** **s** **e** **,c** **o** **n** **v** **e** **r** **t** **o** 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Wash, made by Brewers or others) into Vinegar, Beer-egar, or Ale-egar, or either of them; or to or for any other use or employment whatsoever, except onely to distil the same into Low-Wines or Spirits, to be redistilled into Proof-spirit, for the uses aforesaid, according to the true intent and meaning of these Directions, As they and every of them respect their Oaths, by them taken (when they were made free, and received into this Incorporation;) And will undergo the

the penalties provided, or to be provided, by the Ordinances of this Company, or otherwise, to be imposed or inflicted on the Contemners, Neglecters, or Opposers hereof.

Rule I.

PROvide three sweet
Tuns (or smaller
Casks) place them orderly
on Scantlings; provide
good sound white w, and
such well conditioned
liquid Materials as are

proper

54 *The Distiller of London.*

proper for this use, Q. S.
(not musty in any case.)
Then number your Tuns,
1, 2, 3. Fill Tun 1, with
w, within a inches of the
Bungue, stop the Bungue
with Cork or Wood very
close, and let it stand, and
in few days it will gather
heat, then being conveni-
ently hot, I fill up the Ves-
sel within v. inches of top
full, with your liquid Ma-
terials, without Dregs;
stop it close again. And at
that instant, in like maner
as before, fill Tun 2, with
w, after a few days, that
will be hot as the former

10000

8 7

was

was, then finding it conveniently hot, draw of Tun 1, and put it into Tun 2, and stop both close: At the present fill Tun 3, with ψ , and order it in every respect, as you did the former. And when Tuns, 1 and 3, have gathered heat sufficient, fill up Tun 1, with fresh Liquor (as at first) and draw of Tun 2, and put it into Tun 3, and so let Tun 2, gather sufficient heat again: Then draw of Tun 1, and put it into Tun 2, And at that present, you may draw off Tun 3, and

F 4

put

56 *The Distiller of London.*

put it into a store Cask; for having passed three times through the *w*, is thereby become to be good merchantable Ware.

And so in like order, supply one Vessel from another, till you have finished your work, *S. A.*

When all your liquid Materials are spent, so that you have no more to continue your work, then be sure your Tuns stand neer full, till you are provided of more Liquor, to put upon your *w*; for if your *w* (standing dry) should wax hot, you having nothing

thing proper to supply
the same, your w will soon
decay, and be utterly
spoiled.

In Summer or warm
weather, the w will gather
sufficient heat in 2 or 3
days; but in Winter it
will require more time.

Rule II.

TAke *ns* *Qr.* of good
found φ , convert it in-
to *yss*, \square , of good servicea-
ble Ware (at the most) you
must allow to this quanti-
ty,

58 The Distiller of London
ty, good sweet & at least
* ca. And being well
wrought So put it into
sweet Cask (Sweet-Oyl-
Buts are best) fill them
within E inches of the
Bungues (being laid upon
Scantlings in the Sun) let
not the Head work over
at the Bungues, and it will
sink to the bottom. Pre-
pare little covers of wood
fit to cover the Bungues,
and larger covers to lay
over them, to defend it
from Rain falling into the
Cask. Let the Bungues
stand open onely, when
the Sun shines hot upon
the

the Cask ; but in close or wet weather and nights, let both covers be always kept on.

When the first Head of the Liquor is faln, then draw it from the Lee, into another clean sweet Cask; & so afterwards from Cask to Cask, as there shall be cause, till it come to perfection : Then draw it off into other sound Cask , and so House it for use.

The largest Cask are the fittest to House, and keep Wares in for store.

If your Wares grow long and ropy, then put a
fit

60 *The Distiller of London.*

fit quantity of *A* into it,
work it well together,
S. A. and it will grow
short again.



A
C A T A L O G U E
 OF THE
Materials and Ingredients
 used in the precedent
RULES.

ROOTS.

A *Ngelica*
Avens

Butter-Bur

Calamus Aromaticus

Cyperus, long

Contra-yerva

Enula-campana

Galingal

Gentian

Ginger

Horse Radish

Imperatoria

Licorice

Lovage

Orris

G

Sassafras

Sassafras

Scordium

Snake-grass

Valerian } Common

Garden

Great

Vincetoxicum

Zedoaria.

WOODS.

Lignum Rhodium

Saunders } Red

Yellow

BARKS and PILLS.

B Ay-tree Roots

Cassia Lignea

Cinnamon } Common

White

Citron

Guaiacum

Limon

Orange

Pippins

Quinces

Quinces
Sassafras

HERBS.

Angelica
Arsmart

Bay-leaves

Balm or Bawm

Burnet

Brooklime

Balsamint or Costmary

Carduus Benedictus

Chervile, sweet

Clary

Calamint

Cresses {
Water
Garden
Winter
Bank

Costmary or Balsamint.

Horehound, white

Lavender leaves

Lavender Cotton

Mint {
Speir
Red

G 2

Marjorana

Marjoram, Sommer

Peny Royal

Rosemary

Rocket

Ros solis

Rue

Sage { Red
GreatScurvy- { Common
grass { Garden

Stachados

Southernwood

Scordium

Thyme { Wilde
Garden
Limon

Tarragon

Trefoyl, Water

Valerian, great

Worm- { Common
wood { Romane

 FLOWERS.
C Cowslip
Citron

Camomile

Camomile
 Elder
 Gilliflower, Clove
 Gilliflowers, Stock, three sorts
 Jasmine
 Lavender
 Lillium Convallium
 Marygold
 Melilote
 Orenge
 Poppy, Red
 Roses { Red
 { Damask
 { Musk
 { Bryer
 Saffron
 Sage
 Stæchas
 Tillia or Lindentree
 { Garden
 Thyme { Limon
 { Wilde
 Woodbine (or Honey-suckle.)

SEEDS.

A Nise
 Angelica
 Basil
 Caraway
 Cardamums
 Cress, Bank
 Chervile, sweet
 Coriander
 Cumin
 Fennel, sweet
 Grains of Paradise
 Mustard
 Radish
 Rocket
 Scurvy-grass, Garden
 Wormwood, common.

FRUITS.

A Pricotes
 Alkermes Berries
 Barley, Maulted
 Bay Berries

Cardamums

Cardamums

Cherries

Currans { Forraign
English

Cubebs

Cloves

Grapes

Hops

Juniper Berries

Maces

Nutmegs

Pepper { White
Long

Quinces

Raspis, Red

Raysins, sol.

Straw Berries

Saffron

Walnuts green with husks

Zedoaria.

W

JUICES.

L Imons

Walnuts green, with the Husks

G 4

Others

Others of divers kindes.

A mbergreice
 Allum
 Benjamine
 Camphire
 Confection of Alkermes
 Mitbridade
 Musk
 Treacle, Venice
 Sirup of Gilliflowers
 Storax
 Sugar of divers sorts

Liquid Materials.

W ines of all kindes.
 Beer and Ale
 After-Worts, or Wash
 Sugar-Waters
 Tilts, Dregs, Lees, or Grounds of
 Beer or Ale
 Lees of Wines
 Spirits of Wine
 Rose-water.

FINIS.

Chong Chong 1700

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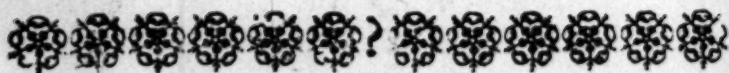
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Choice Cordial Waters selected
and added Alphabetically in this
last Edition, out of the ablest ap-
proved Doctors and Professors in
Physick, both Ancient and Mo-
dern, both of our own, and other
Nations.

Aqua Bezoartica
Aqua radicum
Lapparum

Aqua in ignis contra
Crapulam

Aqua contra Colicam

Aqua contra Convulsi-
ones

Aqua Cælestis

Spiritus Castorei

Aqua contra Calculum

Aqua Diaphoretica

Aqua Gilberti

Aqua Historica

Aqua Hydropica

Aqua Imperialis

Aqua Limacum Magi-
stral.

Aqua Mariæ

Aqua Mellis

Aqua Cordialis Mont-
fordii

Aqua Odontalgica

Aqua Pectoralis

Aqua Pestifuga, Doct'
Burgess

Aqua Plateri Vomi-
tiva

Aqua anti Paralyptica
Doct' Matthias

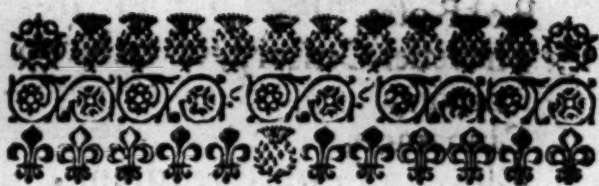
Aqua Purgativa

Aqua Theriacalis

Aqua Theriacalis
Camphirata.

Acetum Theriacale

Aqua Vomitoria.



CHOICE
CORDIAL WATERS.

Bezoard Water is thus made.

TAKE of the Leaves of the
Sallandine, together with
the Roots thereof, three
handfuls and a half,

Rue two handfuls,

Scordium four handfuls,

Dittany of Crete,

Carduus, of each a handful and
half,

Root of Zedoary,

Angelica, of each three drams,

The outward Rind of Citrons,

Lemons, of each six drams,

The flower of Wall-gilly-flower,
an ounce and half,

Red

Red Roses,
 The lesser Centory, of each two
 drams,
 Cinnamon,
 Cloves, of each three drams,
 Andromachus his Treakle three
 ounces,
 Mithridate an ounce and half,
 Camphire two scruples,
 Trochifces of Vipers two
 ounces,
 Mace two drams,
 Lignum Aloes half an ounce,
 Yellow Sanders a dram and
 half,
 The Seeds of Carduus an
 ounce,
 Citron fix drams.

Cut those things that are to be
 cut, and let them be macerated three
 days in the best Spirit of Wine, and
 Muscadine, of each three pints and
 half, Vinegar of Wall-gilly-flowers,
 and the Juice of Limons, of each a
 pint, let them be distilled in a glazed
 vessel in *Balneo*.

After half the liquor is distilled
 off, let that which remains in the
 Vessel

Vessel be strained through a linnen cloth, and vaped away to the thickness of honey, which may be called

A Bezoard Extract.

This Water is a great Cordial, and good against any infection.

A Water against the Vertigo, and Convulsions.

R^x Of Black Cherries brused with their Kernels, a Gallon ; of the flowers of Lavander three handful, half an ounce of White Mustard-seed brused, mix these together, then put some Ferment to them, and let them stand close covered the space of a week, then distil them in *Bulneo*, till all be dry.

This Water being drank to the quantity of an ounce or two or two or three, doth much relieve the weaknes of the head, and helps the Vertigo thereof, as also strengthens the sinews, and expels windiness out of the head and stomach.

*A Compound Water of Bur-root,
causing Sweat.*

Rx The Root of the great Bur,
fresh,
Swallow-wort, fresh.

The middle Rind of the Root
of the Ash-tree, of each two pound;
cut them small, and infuse them
Four and twenty hours in the best
White-Wine, and Rue Vinegar, of
each five Pints, then distil them in
Balneo till all be dry, put to the
Water as much of the Spirit of Sul-
phur *Per Campanam*, as will give it
a pleasant acidity; and to every
Pint of the Water, put a scruple and
half of Camphire cut small, and
tied up in a Bag, which may con-
tinually hang in the water.

This was a famous Water in Ger-
many against the Plague, Pestilential
and Epidemical Diseases; it causeth
Sweat wonderful, if two or three
ounces thereof be drank, and the
Patient compose himself to Sweat.

A famous Surfet Water.

R Of Red Poppy-Cakes (after the Water hath been distilled from them in a cold Still) not over-dried two pound, pour upon them of the Water of Red-Poppy a Gallon and half, Canary-Wine three Pints; adde to them of Coriander-seeds brused four ounces, of Dill-seed brused two ounces, of Cloves brused half an ounce, of Nutmegs sliced an ounce, of Rosemary a handful, three Oreniges cut in the middle, distil them in a hot Still; to the Water put the juice of six Oreniges, and hang in it half an ounce of Nutmegs sliced, and as much Cinnamon brused, two drams of Cloves, a handful of Rosemary cut small, sweet Fennel-seeds brused an ounce, of Raisins in the Sun stoned, half a pound; being all put into a Bag, which may be hanged in the Water (the vessel being close stoppt) the space of a moneth, and then be taken out, and cast away, the Liquor

thereof being first pressed out into the foresaid Water.

This Water is of wonderful vertue in Surfets, and Pleurifies, composeth the Spirits, causeth rest, helpeth digestion, if two or three or four ounces thereof be drunk, and the patient compose himself to rest.

A Water against the Colicke.

R Of Aniseed three ounces.

Cumin-seed three drams.

Cinnamon half an ounce.

Mace,

Cloves,

Nutmeg, of each a dram.

Galingal, three drams.

Calamus Aromaticus, dried half an ounce.

The dried Rind of Orenge, two ounces.

Bay-berries, half an ounce.

Let all these being brused be macerated in six Pints of Mallago-Wine Forty and eight hours, then be distilled in *Balneo* till all be dry.

This

This Water being drank to the quantity of an ounce or two at a time, doth ease the gripings of the belly and stomach, very much.

A Water against the Convulsions.

Rx Of *Ros Vitrioli* (which is, that water that is distilled from Vitriol in the calcining thereof) two Quarts, in this put of Rue a handful, of Juniper-berries brused an ounce, of Bay-berries brused half an ounce, Piony-berries brused six drams, Camphire two drams, Rhubarb sliced an ounce; digest these four days in a temperate *Balneo*, then distil them in a Glass-vessel in ashes, and there will come over a water of no small vertue.

It cures Convulsions, in children especially, it helps also the Vertigo, the Hysterical passion, and Epileptic, it is very excellent against all offensive vapors, and wind that annoyes the head and stomach.

It may be taken from two drams to two ounces.

Aqua Celestis is made thus.

R^x Of Cinnamon

Cloves

Nutmegs

Ginger

Zedoary

Galingal

Long-Pepper

Citron-Pill

Spicknard

Lignum-Aloes

Cububs

Cardamums

Calamus Aromaticus

Germander

Ground-Pine

Mace

White Frankincense

Tormentil

Hermadaftils

The Pith of Dwarf Elder

Juniper-Berries

Bay-Berries

The Seeds and Flowers of
Mother-wort

The Seeds of Small-age

Fennel

Fennel

Anise

The Leaves of Sorrel

Sage

Fell-wort

Rosemary

Marjoram

Mints

Peny-Royal

Steechados

The Flowers of Elder

Roses Red and White

Of the Leaves of Scabies

Rue

The lesser Moon-wort

Agrimony

Centory

Fumitory

Pimpernel

Sow-thistle

Eye-bright

Maiden-hair

Endive

Red Saunders

Aloes, of each two ounces

Pure Amber

The best Rhubarb, of each two

Drams

H 4.

Dried

Dried Figs
 Raisins of the Sun
 Dates, stoned
 Sweet-Almonds
 Grains of the Pine, of each an
 ounce.

Of the best *Aqua-vite* to the
 quantity of them all, of the best
 hard Sugar a pound, of white
 Honey half a pound, then adde

The Root of Gentian
 Flowers of Rosemary
 Pepper-wort
 The Root of Briony
 Sow-bread
 Wormwood, of each half an
 ounce.

Now before these are distilled,
 quench gold being made red hot,
 oftentimes in the foresaid water, put
 therein oriental Pearls beaten small
 an ounce, and then distil it after
 twenty four hours infusion.

This is a very Cordial water,
 good against faintings and infecti-
 on.

Spirit

Spirit of Castor is made thus.

R Of fresh Castoreum two ounces

Flowers of Lavender fresh, half
an ounce

Sage

Rosemary, of each two drams

Cinnamon three drams

Mace

Cloves, of each a dram

The best rectified Spirit of Wine
three Pints.

Let them be digested in a Glass
(two parts of three being empty)
stop close with a bladder, and
Cork two days in warm ashes; then
distil the Spirit in *Balneo*, and keep
it in a Glass close stop. If you
would make it stronger, take a
pint of this Spirit, and an ounce of
the Powder of *Castoreum*, put them
into a Glass, and digest them into
a cold place; for the space of ten
days, and then strain out the
Spirit.

This Spirit is very good against
fits

fits of the Mother, passions of the heart, which arise from vapors, &c.

*A Scorbutil Water, or a Compound
Water of Horse-Radish,
is made thus.*

Rx The Leaves of both sorts of Scurvy-grass being made very clean, of each six pound : Let these be brused, and the juice pressed forth, to which adde the

Juice of Brook-lime

Water-crelles, of each half a pound

Of the best white Wine eight pints

Twelve whole Limons cut

Of the fresh Roots of Briony four pound

Horse-Radish two pound

Of the bark of Winteran half a pound

Of Nutmegs four ounces.

Let them be macerated three days and distilled.

Three or four spoonfuls of this
water

water taken twice in a day cures the
Scurvy presently.

*An excellent Water against the
Stone in the Kidneys.*

R Of the middle Rind of the
Root of Ash brused, two pound
Juniper-Berries brused, three
pound

Venice Turpentine that is very
pure, two pound and half.

Put these into twelve pints of
Spring-water in a Glass Vessel well
closed, and there let them putrifie in
horse-dung for the space of three
moneths, then distil them in ashes,
and there will come forth an Oyl,
and a Water ; separate the one from
the other.

Ten or twelve drops of this Oyl,
being taken every morning in four
or six spoonfuls of the said Water
dissolves the gravel, and stone in
the Kidneys, most wonderfully.

Another

Another for the same use.

R The juice of Radish, Limons, of each a pound and half: Waters of Betony, Tansey, Saxifrage, and Vervain, of each a pint, Hydromel and Malmsey, of each two pound: In these Liquors mixed together, infuse for the space of four or five days in a gentle *Balneo*, Juniper-berries, ripe and newly gathered, being brused, three ounces; the seed of Gromel, Burdock, Radish, Saxifrage, Nettles, Onions, Anise, and Fennel, of each an ounce and half; the four cold seeds, the seed of great Mallows, of each six drams; the Calx of Eggs-shells, Cinnamon, of each three drams, of Camphire two drams: Let all be well strained and distilled in ashes.

Two ounces of this Water taken every morning, doth wonderfully cleanse the Kidneys, provoke Urine, and expel the stone, especially if you calcine the Faces and extract the Salt thereof with the said water.

Usque-

*Usque-Bath, or Irish Aqua-vita,
is made thus,*

R A Gallon of small *Aquavite*, put it into a Glass vessel; put thereto a quart of Canary Sack, two pound of Raisins of the Sun stoned, but not washed, two ounces of Dates stoned, and the white skins thereof pulled out, two ounces of Cinnamon grossly brused, four good Nutmegs brused, an ounce of the best English Licorish sliced, and brused, stop the vessels very close, and let them infuse in a cold place six or eight days; then let the Liquor run through a bag called *Manica Hippocratis*, made of white Cotten.

This Liquor is commonly used in surfeits, being a good Stomach-water.

Aqua Gilberti.

R Of Leaves of Scabies, Pimpernel, Dragons, Balm, Angelica, of the Purple flowers of Pimpernel,
I and

and of Tormentil Roots, of each two handfuls ; gather them all in due season ; and so prepared, steep or macerate them in four Gallons and a Pottle, of good *Spanish* Wine ; and in all which, distil three Gallons and three Pints from it ; then adde thereunto, of the Cordial flowers, of each three ounces ; of Gilliflowers six ounces ; of Saffron half an ounce ; of the Roots of Turmeric two ounces ; of Galingal, and Basil Seeds, of each one dram ; of Citron Pills dried, one ounce ; of Citron Seeds, Carduus, and Cloves, of each five drams ; of Harts-horn rasped four ounces : Infuse them for 24 hours space, and then distil them in *Balneo Mariae* ; then adde to the distilled water, half an ounce of prepared Pearls, of Red Corral prepared, and of eyes of Crabs prepared, and white Amber, of each two drams, of Crabs Claws finely powdered, six drams, of Oriental Bezoar, and Amber-greece, of each two scruples ; stop them well, and let them stand

stand infused in the heat of the Sun for six weeks, stirring and shaking them often together; after filter the water, mingling twelve ounces of Sugar Candy, with six ounces of Red Rose-water, with four ounces of good Cinnamon-water, or Spirit well rectified. (The Species may be dried, and reserved for a temperate Cordial powder.)

This is held to be most excellent Cordial-water, against panting of the Heart, Swooning, and Faintness, Coldness, and Rawness of the Stomach; also against Melancholy, and many other griefs, arising from coldness.

*The Mother-water, commonly called
Hysterical water, is made thus.*

Rx Of the Juice of the Root of
Briony four pound.

Leaves of Rue

Mug-wort, of each two pound

Savin dried, three handful

Mother-wort

Nippe

I 2

Peny-

Penny-royal, of each two handful.

Cretensian Dittany, of each a handful and half.

Garden Basil.

The Rind of Yellow Orenge, fresh, four ounces.

Myrrhe, two ounces

Castoreum an ounce

The best Canary Wine, twelve pints.

Let them be digested four days in a fit Vessel, then distil them in *Balneo*.

An Hydripical water.

R Of Worm-wood, Broom-blossoms, of each a like quantity, bruse them, and mix with them some Leaven; and let them stand in fermentation in a cold place, the space of a week, then distil them in a cold Still, till they be very dry: Take a Gallon of this water, and half a Gallon of the Spirit of Urine, pour them upon two pound of dried Broom-blossoms, half a pound of Horse-Radish Roots dried, three ounces

ounces of the best Rhubarb sliced,
 two ounces of sweet Fennel-seed
 brused, and an ounce and half of
 Nutmegs ; let them digest a week
 being put into a Glass-Vessel, in a
 temperate *Balneo* ; then press the
 Liquor hard from the Fæces, put
 this Liquor in the said Vessel again,
 and to it put three ounces of sweet
 Fennel-seeds brused, Licorish sliced
 two ounces, digest them in a gentle
 heat, the space of a week, then pour
 it off from the Fæces, and keep it
 close stoppt.

This water being drank from the
 quantity of an ounce to four oun-
 ces every morning, and at four of
 the clock in the Afternoon, doth
 seldom fail in curing the Dropsie ;
 it strengtheneth also the Liver, is
 very good against Gravel in the
 Back, Stone ; cures the Scurvy,
 Gout, and such diseases, as proceed
 from the weakness, and obstructi-
 ons of the Liver.

Aqua Imperialis, is made thus.

R Of the Rind of Citrons dried

Orenges

Nutmeg

Cloves

Cinnamon, of each two ounces

The Roots of Flower-de-luce

Cyprus

Calamus Aromaticus

Zedoary

Galingal

Ginger, of each half a pound

Of the tops of Lavender

Rosemary, of each two handful

The leaves of the Bay-tree

Marjoram

Balm

Mints

Sage

Thyme

Flower of Roses white

Damask, of each half a handful

Rose-water four pints

The best White-wine, a Gallon.

Bruse what must be brused, then
infuse them all four and twenty
hours,

hours ; after which distil them.

This is of the same vertue as the former.

Aqua Limacum Magistral.

R Of the Juice of ground Ivy; of Colesfoot, Scabies, spotted Lungwort, of each one pound and a half; of Purcelain, Plantane, Oyl of Jerusalem, Betony, of each one pound; of fresh Swines Blood, and White-wine, of each four pound; of Garden Snails, cut in twain two pound; dry leaves of Tobacco, in number eight; of Enulacampana half an ounce; of Florentine Ireos one ounce, Roots of Licorish powdred, two ounces, Seeds of Cotten one ounce and a half; of the greater Cold Seeds, and Aniseseeds, of each six drams; of Saffron one dram; of Red-Rose flowers, six pugils; of Violets and Borrage, of each four pugils. Let them stand steeped or infused for three days warm; and then let them be distilled, in Glass Vessels, by the heat of ashes dried.

This Water is good in languishing diseases, Cough, Consumption, Ptisick, Yellow Jaundies; and Melancholy, as Morpew, and dullness of Skin.

Aqua Mariæ, is thus made.

R Of Sugar Candid one pound
 Canary Wine, six ounces
 Rose-water, four ounces
 Make of these a Sirup, and boyl it well, to which adde
 Of *Aqua Imperialis*, two pints
 Amber-greece
 Musk, of each eighteen grains
 Saffron, fifteen grains
 Yellow Sanders infused in *Aqua Imperialis*, two drams.

Aqua Mellis.

R Four pound of very pure Hony, of dry Sand two pounds; put them in so large a Cucuubite or Gourd, that the matter may take up onely the fift part of the Vessel, and so in *Balneo* the Flegm, and in the Ashes
 by

by a little stronger degree of fire, a sharp yellow water may be drawn forth.

This water is good, taken inwardly in Cordial powders, or voluntary Potions.

Dr. Montfords Cordial water.

R Of Angelica leaves half a pound, *Carduus* leaves six ounces, of Balm and Sugar, of each four ounces, Angelica seeds six ounces, sweet Fennel seed nine ounces : Let the Herbs, and Seeds being dry, be grossly brused ; then put thereto the powder of Aromaticum Rosatum, and of Diamoschi Dulcis, of each one ounce and a half. Infuse these two days, and eight Pottles of good Spanish Wine ; then distil them according to art, and draw out ten Pints of the stronger water with a gentle fire ; which after two days standing, sweeten with a pound and a half of Sugar, dissolved in Rose-water over the fire.

Of the smaller Spirits, you may draw

draw forth fix Pints or more, for the Vehicles or mixtures of other Cordials.

This water is good against infection, in pestilential times, and comforteth the Vital, Natural, and Animal Spirits, weakned, dejected, or dispersed.

*A special Liquor against the
Tooth-ach.*

℞ Of Oyl of Cloves well rectified half an ounce, in it dissolve half a dram of Camphire, adde to them of the Spirit of Turpentine four times rectified, in which half a dram of Opium hath been infused, half an ounce.

A drop or two of this Liquor put into a hollow Tooth, with some Lint, easeth the Tooth-ach presently.

A Pectoral water.

Distil Green Hyfop in a cold Still till you have a Gallon and half of the
the

the water; to this put four handful
 of dried Hyſop, a handful of Rue,
 as much of Roſemary, and Hore-
 hound, Elecampany-root bruſed,
 and of Horſe Radish Root bruſed,
 of each four ounces, of Tobacco
 in the Leaf three ounces, Aniſe-
 feed bruſed two ounces, two quarts
 of Canary wine; let them all ſtand
 in digeſtion two days, then diſtil
 them; and in the water that is diſtil-
 led, put half a pound of Raiſins of
 the Sun ſtoned, of Licoriſh two
 ounces, ſweet Fennel-ſeeds bruſed,
 two ounces and a half, Ginger ſliced
 an ounce and a half, and let them
 be infuſed in *Frigide*, the ſpace of
 ten days, then take them out.

This Water ſweetned with Sugar-
 Candy, and drunk to the quantity
 of three or four ounces twice in a
 day, is very good for thoſe that are
 Ptiſical, it ſtrengthneth the Lungs,
 attenuates thick ſlegm, opens ob-
 ſtructions, and is very good to com-
 fort the ſtomach.

Dr.

Dr. Burges his Plague water.

R Three Pints of Muscadine, and boyl in it Sage, and Rue of each a handful till a Pint be wasted, then strain it, and set it over the fire again, put thereto a dram of long Pepper, Ginger, and Nutmeg, of each half an ounce, being all brused together; then boyl them a little, and put thereto half an ounce of Andromachus Treakle, and three drams of Mithridate, and a quarter of a pint of the Angelica water.

This Water (which, as saith the Author, must be kept as your life, and above all earthly treasure) must be taken to the quantity of a spoonful or two, morning and evening, if you be already infected, and sweate thereupon: If you be not infected, a spoonful is sufficient, half in the morning, and half at night: All the Plague time, under God (saith the Author) trust to this; for there was never man, woman, or childe, that failed of their expectation

expectation in taking of it: This is also of the same efficacy, not only against the Plague, but Pox, Measles, Surfets, &c.

A vomiting Water is made thus.

Take of the best Tobacco in leaves, cut small, four ounces, Squills two ounces, Nutmegs sliced half an ounce, put these into three pints of Spring-water, a pint of White-wine-vinegar, distil them in a hot Still or Alembick.

If thou wouldest have it stronger thou maist put this water on fresh Ingredients, and distil it again.

A little quantity of this water is a most safe, and effectual Vomit, and may be taken from the eldest to the yongest, if so be you proportion the quantity to the strength of the Patient.

You may dulcifie it with Sugar, or syrup if you please.

A Vomiting Water made by Platerus.

Take green Walnuts, gathered about Midsummer, Radish root, of each brused two parts, of distilled Wine-vinegar four parts, digest them five days, then distil them in *Balneo*.

This being taken to the quantity of two spoonful or three, causeth easie vomiting.

Dr. Matthias his Pulse Water is made thus.

Take of Lavender flowers a gallon; pour upon them of the best Spirit of Wine three gallons: the vessel being close stopp'd, let them be macerated together in the Sun for the space of six days, then distil them in an Alembick with its refrigeratory, then take the flowers of

Sage

Rosemary

Betony of each a handfull.

Borage

Borage

Bugloss

Lilly of the vally

Cowslips, of each two handfuls.

Let all the flowers be fresh, and seasonably gathered, and macerated in a gallon of the best Spirits of Wine, and mixed with the afore-said Spirit of Lavender, adding then the leaves of

Balm

Motherwort

Orenge tree newly gathered
the flowers of Stachados

Orenge

Bay-berries of each an ounce.

After a convenient digestion let them be distilled again, then adde the outward rinds of Citrons.

The seed of Piony husked, of each
six drams.

Cinnamon

Nutmegs

Mace

Cardamums

Cubebs

Of Yellow Sanders, of each half
an ounce

K 2

Lignum

Lignum Aloes one dram
the best Jujubs, the kernels tak-
en out, half a pound.

Let them be digested for the space
of six weeks, then strain and filter
the Liquor, to which adde of pre-
pared Pearl two drams.

Prepared Emrald, a scruple.

Ambergreece

Musk

Saffron,

red Roses

Sanders of each an ounce

Yellow Sanders

rinds Citrons dried, of each a
dram.

Let all these spices be tyed in a
filken bag, and hanged in the fore-
said Spirit.

*A distilled Water that purgeth with-
out any pain or griping.*

Take of Scammony an ounce,
Hermodactyls two ounces, the seeds
of Broom, of the lesser Spurge, of
Dwarf-elder, of each half an ounce,
the juice of Dwarf-elder, of wilde
Asses,

Asses, Cucumber, of black Hellebore, the fresh flower of Elder, of each an ounce and half, Polypodium six ounces, of Sene three ounces, Red-sugar eight ounces, common distilled Water six pints.

Let all these be brused, and infused in the water four and twenty hours, then be distilled in *Balneo*.

This Water may be given from two drams to three ounces, and it purgeth all manner of humors, opens all obstructions, and is pleasant to be taken, and they whose stomachs loath all other physick may take this without any offence.

After it is distilled, there may be hanged a little bag of Spices in it as also it may be sweetned with Sugar, or any opening syrup.

Treakle Water is made thus.

Take of the juice of the green shales of Walnuts four pound, the julce of Rue three pints.

Carduus,

Mary-gold,

K 3

Balm,

Balm, of each two pints.

The root of Butter-bur fresh, a pound and half.

Bur,

Angelica,

Master-wort fresh, of each half a pound.

The leaves of Scordium, four handful.

Old Andromachus treacle,

Mithridate, of each eight ounces

The best Canarie, twelve pints.

The sharpest vinegar six pints.

The juice of Limons two pints.

Digest them two days in Horse-dung, the vessel being close stopped, then distil them in sand.

Crollius bis Treacle water Camphorated

Take of Andromachus his Treacle, five ounces.

The best Mirrhe, two ounces and half,

The best Saffron, half an ounce, Camphire, two drams,

Mix them together, then power upon

upon them ten ounces of the best Spirit of Wine, and let them stand four and twenty hours in a warm place, then distil them in *Balneo* with a gradual fire, cohobate the Spirit three times,

This Spirit causeth sweat wonderfully, and resists all maner of infection.

It may be taken from a dram to an ounce in some appropriate Liquor.

A distilled Treacle Vinegar.

Take of the roots of

Risfort

Gentian

Angelica

Tormentil

Pimpernel, of each ten drams,

Bay-berries

Juniper-berries, of each an ounce,

Nutmeg five drams,

The shavings of **Sassafras**, two ounces,

Zedoary half a dram,

K 4

White

White Sanders, three drams,
 The leaves of Rue
 Wormwood
 Scordium, of each half a hand-
 ful,
 The flowers of Wall-flower
 Bugloss, of each a handful and
 half.

Andromachus Treacle

Mithridate, of each six drams.

Infuse them all in three pints of
 the best White-wine-vinegar; the
 space of eight days in *Frigido*, in
 glass vessels; then distil them in
Balneo.

This Spirit is very good to pre-
 vent them that are free from infecti-
 on, and those that already infected,
 from the danger thereof, if two or
 three spoonful thereof be taken once
 in a day, with sweating after; for
 those that are infected, but without
 sweating for others.

Aqua viridis Pestifuga.

Take a quart of good Spirit of
 Wine, or of very good *Aquavite*,
 infuse

infuse in it one ounce of very good Mithridate, with as much very good Venice Treakle; let it stand close stopt some few days, in the infusion, before you use it, then pour the Spirit clear off, and reserve it for your use upon occasion; If you please you may draw it off, by way of a Spirit.

This Red Cordial water is good against infection; whereof you must take a Spoonful at a time, by way of prevention; but somewhat more, if you fear your self to be infected; and sweat upon it.

Aqua alia Pestifuga.

Take a handful of Sage, and a handful of Rue, and boyl them in three pints of Muscadine or Sack, until one pint be consumed, then take it off the fire, and strain the Wine from the Herbs, then put into the Wine two penyworth of long Pepper, half an ounce of Ginger, and a quarter of an ounce of Nutmeg, all of them grossly brused;

K 5 then

then let it boyl a little again ; This done, take it off the fire, and dissolve in it half an ounce of good Venice Treacle, and a quarter of an ounce of Mithridate, and put to it a quarter of a pint of strong Angelica water, and keep it in a glass close stopped for your use : For preservation, you shall take every morning a spoonful warm, laying your self down to sweat upon it, and so continue to take it twice a day , until you perfectly do recover : This water doth likewise cure the small Pox , the Measles, Surfets, and Pestilential Feavers.

Cordialis aqua alia Pestifuga, &c.

Take Sage, Rosemary, Rue, Celendine, Scabious, Agrimony, Mugwort, Worm-wood, Pimpernel, Dragons , Carduus Benedictus , Rosafolis, the Herb Betony, Marigold leaves, and the flowers, Cer-taury, Polipody of the Oak, and Scurvy-grass, of each of them one handful, and wash them, and swing them

them in a clean cloth till they be dry, then sliced them small, and take the roots of Zedoary, Tormentil, Enulacampana, Angelica, Licorice, of each half an ounce, scraped and sliced, then take of the best White-wine eight pints; put them all into an earthen pot well leaded, and let them stand two days close covered, stirring them once in the day; Then still them in a Limbeck with a temperate fire, letting it be two days and a night in the Still, keep the first pint by it self, of which you may take one spoonful at a time; of the next quart you draw, take twice as much at one time; of the next pint you may give to little Children a spoonful at one time. Lute the Still very well, so that no air may come forth, and keep it in close glasses stopped up for your use.

This Cordial water is good for the Plague, Pox, Measles, and all kinde of Convulsions and Feavers, and all pains of the Stomach.

ed yodt His shob nash and cont
 sals but *Aqua Cordialis*. all nash
 jinsuno T visob. A to shob

Re Of Saffron half an ounce, of
 Angelica Roots finely sliced one
 ounce, of good Cloves six drams,
 of Balm two handfuls, of Rose-
 mary tops four handfuls, shrew'd
 the Herbs and Roots, and beat the
 spices grolly; then put them with
 half a pound of Sugar, into three
 Pints of small Cinnamon water, or
 of small *Aqua-vitæ*, and let them
 stand infused three or four days to-
 gether; after boyl them, and let
 the *Aqua-vitæ* burn (as you burn
 Wine) stirring them all well toge-
 ther, till near a Pint thereof be con-
 sumed away, then strain it, and
 when it is settled, pour off the clear
 from the bottom; keep the clear
 for your own use, and reserve the re-
 mainder, which you may give away
 unto poor people; for it will be
 good and comfortable, though it
 be not so strong.

The way to use it, is to take every
 morning fasting one spoonful, and
 after

after every meal, at each several time, one spoonful.

This Cordial is excellent good against Melancholly, Panting and trembling of the Heart, swooning, fainting, coldness, and rawness of the stomach; as also for many other griefs arising from a cold and moist complexion, very often proved with happy success. You may draw it, if you please, in a Still.

Aqua Raphani composita.

R. Of the Leaves of Garden, and of Sea Scurvy-grass, well picked and cleaned, of each six pounds, bruse them, and strain out the juice of them; then put thereunto, of the juices of Brooklime and Water-creesses, of each a Pint and a half, of excellent good White Wine eight Pints, twelve whole Limons, cut and sliced, of Bryany Roots new gathered, four pounds, of wilde Radish two pounds, of winter Barks half a pound, of good choice Nutmegs four ounces; macerate them

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for

for three days space, and then distill them.

Aqua Gentiane composita.

R Of the Gentian Root, cut and sliced, a pound and a half, of the leaves and flowers of the lesser Centaury, of each four ounces; infuse them for eight days space, in twelve pints of excellent good White wine, and then distill them by a Limbeck.

Aqua Petasitidis composita.

R Of the fresh Roots of the Herb Petasitis or Harts-horn, a pound and a half, bruse them; of the Roots of Angelica and Masterwort, of each a pound and a half, macerate or infuse them in ten pints of stronger Unhopped Wort, then distil them, till the change of the favor or taste, shall assure you, that the strength of the Roots are intirely drawn forth of them.

Aqua

(III)

Aqua Scordii composita.

R Of the juice of Gulega, or Goats ear, of Sorrel, of Water Germander, and of Citrons, of each one pound or pint, of good London Treakle half a pound: Infuse these together for three days, and distil them in a Glass Limbeck, by or to the heat of Ashes.

Aqua Papaveris composita.

R Of wilde Poppy leaves, called Corn Rose, four pints, sprinkle them with two points of good White wine, and then distil them in common Stills or Limbecks; let the distilled water coming thence, be sprinkled upon fresh flowers, and so three times repeated or renewed; then to every pint of this distilled water, put two good Nutmegs, cut and sliced, one pugil of the wilde Poppy flowers, and of white pure Sugar two ounces; set them in the Sun, till they have gained a plea-

fant sharpness ; And if it shall happen that in keeping it, it shall acquire a more then desired sharpness, it may be refreshed with the mixture of the said water, not set as the same, wherewith Sugar is not mingled, which doth not soure it, or at least, not so easily and speedily.

Divers necessary circumstances concerning the art of Distillation, in way of drawing or extracting of Oyls out of Herbs or Spices.

1. It is very necessary that you have a Copper body, or Brass pot with a Pewter Limbeck, and a glass receiver, as fit instruments for extracting your Oyls; and the greater your pot, or body is, and the more you distil at once, you shall make both the less wast, and the Oyls will be in less danger of burning.

2. Let the middle pipe of your Limbeck, through which your Oyl and water ascendeth, be as large again as the ordinary pipes are, and much shorter; and let the bucket,

or

or cooler in the head, contain as much more cold water, as our ordinary Limbecks use to do.

3. If you have cause to draw much Oyl, at once, of one sort or kinde, then use the first water again, for the Vehiculum or carriage in your second drawing; because the same hath already received his glut of the Oyls, and will not be so hungry to devour your Oyls, as new and fresh water, that hath not been used to the same purpose before.

4. The water in the cooler may not boyl, but you must change the same so often as it groweth scalding hot, putting cold water in the place thereof.

5. You may begin your Distillation, with a pretty strong fire, till the Oyl beginneth to ascend, but afterwards let your fire be so temperate, as that your pipe which runneth into the receiver do never blow; but onely drap apace, or run trickling down the receiver.

6. Some use to macerate or infuse

fuse their spices the night before they distil, luting the Limbeck to to their Brasse pot, or Copper body: the best use thereof, is in my conceit, that the past or lute, will be so much the drier before they begin to work, but I conceive they gain not the more Oyl by that practise: And yet a *Neapolitan* did promise to double the Oyl of Aniseeds, by macerating them ten days before the distillation.

7. The flowers of Sage, Thyme, Lavender, Rosemary, and the like, do yeild more Oyl then the leaves; and the seeds, more then the flowers.

8. To every pound of Seeds or Spices, adde one gallon of cleer fair water at the least.

9. Beat your seeds and spices somewhat grossly before you do put them into your pot or body.

10. All such Herbs whereof you intend to draw any Oyl, ought to be laid abroad in the Air to dry, five or six days, before you draw any Oyl from them, for by that means

means you may both distill more at once, and you shall also have more store of Oyl.

11. Those Herbs which are either hot in smell or taste, will yeild their Oyl in this maner in more plenty, then those which are of a mild and gentle smell or taste, as Sweet Marjoram, the Rose, and the like.

12. Most of your Oyls will fleet upon the top of your water, but your Oyl of Cinnamon and cloves will fall unto the bottom, in the maner of a Balsamum; and some do hold it for one true mark of a natural Balsamum, if being poured out into another Oyl, it sinketh to the bottom.

13. Your Past must be made of Beane Flower, or some other course flower, tempered onely with water, or with some whites of Eggs well beaten; and during your Distillation, you must have some Past ready to stop all such breathing places in the joynts, whereout any wind may chance to issue.

14. Let your Receiver being of Hesson Glass contain two gallons or three pottles; and for your receivers, you may choose those Glasses which they call bodies, when they are once cut off with hot irons, and fitted unto their Helms.

15. For the most part you shall have all the Oyls of your Herbs or Spices to ascend with the first pottle of water; nevertheless, for the more surety you may draw off a gallon, and then prove what you can gather out of your last pottle.

16. You may divide your Oyls from your water, by putting the Water and Oyls, being temperately warm, either into a large head, that hath a short pipe, or for want thereof, into a great Glass funnel, stopping your finger at the bottom of the Pipe, till all the Oyl do float above the water, (except in Cloves and Cinnamon) and then letting the water have a gentle passage, by lifting up your finger a little, until you see the Oyl ready to run out with the rest, which you may easily perceive

perceive by the difference of their colours; and then stop the hole with your finger again, and receive the Oyl into a several Glasse by it self.

17. When you have divided the Oyls from the waters, then you may rectifie or purifie them, after this maner. Put all your Oyls that is of one sort, into a Glasse body and hold the same carefully in, some hot water, moving the same up and down at the first, least you break your Glasse, until all the water be evaporated, and that you perceive the Oyls to become of a clear and transparent colour, and then keep them in fit convenient Glasses: Most of these Oyls will last exceeding long, without loosing their grace, except the oyl of Anise-seeds. But some instead of clarifying after the foresaid maner, do use to re-distil the same again in close small bodies, and heads of Glasse, with some of the first water; and some draw them from Rose-water. But note in this rectifying by

by ascension, you shall loose a great part of their tincture, and also a great part of their strength and vertue.

18. If you have cause to draw many Oyls one after the other, having but one Limbeck for them all, let the Oyl of Aniseeds be one of the last which you draw, because it will season the Limbeck so strongly, that you shall hardly get out the cent, but with great labor, and for the sweetning of your Limbeck, upon every change of strong Oyl, you may set the Limbeck loose upon the pot of water, or Copper body, and scourge up with fire, a great quantity of water out of your pot, till you finde the cent of the last Oyl to vanish, or else put some dry Rose leaves, or sweet Marjoram leaves into your water, and then make fire as did before.

19. Let the passage of your water, that standeth still in the Cooler, be very large, whether it be by Cock or Tampion: Some do emp-

ty their Cooler with a long crook-
ed pipe, and set the same on run-
ing, by drawing the water down
with their breath, a little at the first.
It is requisite to have vessels of cold
water ready at hand to pour in
presently upon the emptying of
your Cooler, or Bucket ; and if
the same vessels be of equal content
with the Bucket, you shall finde
your labor the easier. I know
some, that to avoid the continual
labor of filling, and emptying of
their Cooler, have placed a large
vessel full of cold water in such
maner, as that the same by turning
of a Cock, may run droping con-
tinually into the Cooler : And in
like maner, the Cock that is fixed
unto the Cooler, may deliver as
much water into another vessel, as
it received from the uppermost.

20. Some hold opinion, that the
best drawing of all vegetable Oyls,
that will congeal in cold weather,
is to be done in the Summer or
Spring time ; but a skilful work-
man, will both draw them and di-
vide

vide them at all times of the year.

21. Let there be always one third part of your Pot, or Copper body empty, so that there may be sufficient room allowed for the Spirits to play in.

How to rectifie the aforesaid Oyls.

When you have gathered some store of Oyl together, put the same into a small Glafs body, or Cucurbite, setting the same in a gentle *Balneo*, till all the water be evaporated away from the Oyl, and that the Oyl become of a most clear and bright colour. This manner of rectifying is used in the extracted Oyls of Spices, Seeds, and Flowers; But if you would rectifie Oyl of Amber, Jet, Wax, or any of those heavy and fatty Oyls, which must be urged up with a strong fire, then your best way is to pour the Oyl upon a good quantity of Rose-water in a Glafs-body, luting a helm unto it; and so by rectifying the same often from Rose-water, a great

great part of that offensive and a-
dust swell, which they acquire in
their Distillations, will be removed
and taken away.

How to make extraction of all Herbs.

Some are so curious in this work,
as that no other water but the
distilled water of the Herb onely,
will satisfie their fancy herein, al-
though I see no great difference be-
tween the same, and an ordinary
water first distilled & divided from
his impurities ; but let the Chy-
mist, now he knoweth them both,
take which of them he listeth, sa-
ving that I finde it an infinite mat-
ter, to distil so much water, as
will be requisite for the gathering
of any quantity of this substance,
or tincture, as some please to term
it : But with whether of them so-
ever you begin, you ought to pro-
ceed after this maner.

After that you have macerated
great store of the Herb in several
waters, until such time, as you shall

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finde

finde each water, deeply dyed or
 tinted with the colour of the Herb;
 then having a large *Balneo*, wherein
 you may place divers bodies of
 Glasse at once, you must evaporate
 all the water, until in the end, you
 leave nothing else but a stiff and
 dry substance, which our Chymists
 do call the extraction of the Herb:
 Some do chuse rather to work up-
 on the dry Herb, then the moyst,
 and others are of the contrary opi-
 nion; but if you work upon the
 distilled water of the Herb, as upon
 the Rose, Balm, Bugloss, *Carduus*
Benedictus, or any other such wa-
 ter, of good use or account; then
 it will not be amiss, to lute or set
 your heads of Glasse also upon the
 bodies, with receivers thereby to
 receive the water which ascendeth,
 so as there may be no loss of your
 distilled waters, and yet you may
 also attain to that second water
 which you expect. This extraction
 hath been highly commended of
 many Artists, and it may be that
 it hath some more known, and bet-

ter uses in the practise of Physick,
 then as yet I conceive or imagine;
 But if I shall deliver my own singular
 opinion herein, I should think it to be,
 but the fine and subtile Earth of the
 Herb or Flower, out of the which,
 some curious Linnier may draw forth
 some excellent colour for this work;
 if he should make choice of the Flower
 de Luce, the White Rose, Blew-Bottle,
 Marigold, or some such other Flower,
 as if of any deep tincture. But I
 perswade my self, that no Philosophical
Pyrotechnian, or exquisit *Paracelsian*,
 will ever finde any true Magistery
 tincture, quintessence, or *Arcanum*,
 as they term it therein.

*How to Clarifie without Distillation, as
 well White Wine, as Clarret Wine-
 Vinegar, wherewith you may make
 either Gellies or Sawces.*

Chuse of the stronger Wine-
 Vinegar you can get, and unto every
 six pints thereof, put the Whites

of two new laid Eggs, beat them well together with a Wooden Spoon, until the Whites be turned into a froth or foam, then put the same into a new leaded or glased Pipkin, and cause the same to boyl a little over a fire of coals, but not with a flaming fire; then let the same run through a course white Kersey jelly-bag, as they do use to pass jelly through; and when it hath run through the same, twice or thrice at the most, it will be very clear, and will serve for the afore-said purposes, and it will keep good for the space of one whole year: And in very same maner, you may fine or clarifie any maner of Wine whatsoever: But yet know, that that which you shall give after this way in the cleareness, you shall loose in the strength of your Wine.



A Collection of certain Waters distilled of Herbs, Juices, Liquors, and Fruits.

The Water of Hemp.

THe congruent time of Distilling the Hemp, is, That the tops as yet tender and green, shred small, be distilled by *Balneo Mariae*, or in stead of that the common Still. This water greatly helpeth the pains of the Head, proceeding of a hot cause; if the Head, the Fore-head, and Temples, be often labored with the same. This also profiteth against any heat, in what part or member of the body it shall be, especially the Gout, if a linnen cloth dipped in the water, be applied to the place :

And this in the Winter use twice in the day, but in the Summer three times of the day.

Take of the water of the green Walnuts one ounce, of the water of Egrimony, an ounce and an half, of the water of Rue, half an ounce, of the water of Hysope three ounces, of the water of Hemp, four ounces, these mix together ; of which take half an ounce, adding to it half a dram of Mumia, half an ounce of Sugar Candy, and a dram of the Conserve of Roses ; this after the drinking warm to Bed, and lying down, well covered with cloths to sweat, expelleth those wicked humors, of which the Plague proceedeth : The same potion helpeth the Dropsie, taken in the same manner, and preserveth a man from such sicknesses.

A water distilled of the Hemp-seed, with the juyce of Garlick, of the same fashion that the Rose water is distilled, which is Cosemetical, that is, profitable for garnishing ; for it causeth Hairs to grow in
the

the bare and bald places , being often applied.

The Water of Walwort.

The best time of distilling the Walwort, is, when it beginneth to bear flowers, that then the whole Herb and Root finely shred and bestowed in a Cucurbite or Glass Body, may be distilled by *Balneo Marie*; this water drunk with a little Sugar, or the juyce of Raisins, unto the quantity of four or five ounces at a time, fasting, doth loose the belly : In the same maner drunk morning and evening, it availeth against the swellings of the body, but especially the Dropsie; even so this drunk, helpeth the quotidian Ague, Seitches and other pains in the sides; it profiteth against the outward swellings of the Body, by applying linnen clothes wet in the same: This water also removeth Stitches or other Grieffs in the sides, by applying linnen cloths wet in it. This gargelled with a little of the

M 4 powder

powder of Pellitory, helpeth the falling of the *Vvula* down ; this drunk warm (after the maner above taught) helpeth a dry Cough ; this gargelled the throat, helpeth that swelling there, named *Angina* : The distilled water of the Roots finely shred, doth much mitigate the grievous dolor of the Gout, by daily drinking and applying linnen clothes wet in it, on the grieved places ; this also helpeth marvellously joynt Aches, by applying on the grieved places linnen clothes wet in it ; and eating a few of the tender green tops (whether two or three) in a Sallet, causeth a man to be soluble, and to have sundry stools : The water drunk with Syrup of Vinegar, helpeth a burning Ague. The powder of the leaves marvellously worketh in all sorts of Ulcers, in that the same asswageth pains, cleanseth them, and doth incarnate.

*The Water of Imperatoria, false Pel-
litory of Spain, or Master-wort.*

The time aptest for Distilling the Herb *Imperatoria*, is, when it yeildeth the flowers, then the whole Herb with the Roots well shred (although some rather, will the Roots onely) require to be infused in Wine for twelve hours, after the bestowing into a Cucurbite, distil the whole (after Art) in *Balneo Maria*: This water drunk, doth marvellously expel the wind of the Stomach, Bowels, and Belly; for which cause, available in the Chollick Passions, the Tortions of the Stomach: This also procureth the Terms in women, and moveth Urine; asswageth Tooth-ach, by washing the mouth therewith: the same mixed with Rosed Honey, and drunk warm, helpeth marvellously the Griefs and stranglings of the Womb or Matrix in women, and Conception greatly furthereth, where the impediment proceedeth
of

of coldness. This water in like
 maner drunk warm, strengthneth
 the stomach, and causeth digestion:
 This water sundry times gargelled
 in the mouth, comforteth a cold
 Brain, and purgeth it effectuously
 of flegm: A dram of the Powder
 drunk with a quantity of the wa-
 ter, prevaileth in cold sicknesses;
 so that this marvellously helpeth
 the loose parts of the body, Con-
 vulsions, and the Falling-sickness.
 This water mixed with Rosed
 Honey, and drunk with half a
 spoonful of the fine Powder of the
 Root, an hour before the coming
 of the fit, helpeth miraculously the
 the quartan Ague: The water gar-
 gelled in the mouth, amendeth the
 breath, and strengthneth all the
 senses; this drunk with half a
 spoonful of the Powder of the
 Root, helpeth the Plague, all maner
 of Poysons, the biting and stinging
 of venemous Beasts and Worms.
 This water drunk with Rosed
 Honey, and half a spoonful of pure
 Cinnamon water, amendeth such
 hardly

hardly fetching breath, openeth obstructions, helpeth the water between the skin and flesh, the Drop-sies, and diseases in the Milt; to be brief, It heateth all those parts of the body, where cold occupieth and offendeth.

The Water of the Blessed Thistle.

The commended time for the Distillation of the Blessed Thistle, is, that the Herb alone finely shred and stamped, be distilled by *Balneo Mariae*, in a Cucurbite of Glass about the end of *May*. This water drunk morning and evening, unto the quantity of two or three ounces at a time, with rosed Honey, purifieth the Blood, removeth Head-ach, comforteth and causeth a ready memory, breaketh the stone, putteth away giddiness of the Head, amendeth the Consumption of the body, and preserveth the person long in health; this like ministred, availeth against the Plague, and deadly Poysons, received as well within

within the body, as outwardly by the stinging or biting of venomous Beasts applied upon. This water drunk with a dram of the Powder, before the coming of the fit, helpeth not onely the Quartain, but other Feavers, whose beginnings are with cold; this like drunk, helpeth the Falling-sickness in children; the water drunk with a quantity of rosed Honey, affwageth the griefs of the Bowels and Kidneys, ceaseth the other tortions of the Belly, and keepeth the body soluble: It also causeth sweating, slayeth the worms in the Belly, amendeth the defaults of the Stomach and Womb; the abovesaid quantity of the Powder drunk with pure *Aquavite*, not onely killeth the Worms in the body of children, but delivereth in short time the grievous pains of the body. A Paste made with the Powder of the Blessed Thistle, white Bread, and Honey, and distilled with white Wine, yeildeth a water singular, for the decayed sight of the eyes.

The Water of Pellitory of the Wall.

The time of the Distillation, is, that the whole Herb shred and infused in Wine, be distilled about the end of *May* in *Balneo Mariae*; the water drunk with rosed Honey, for eight or nine days together, to the quantity of three ounces at a time, morning and evening, openeth the stopping of the Liver and Milt, purgeth the Kidneys and Bladder, ceaseth the griefs of the Matrix, and sendeth down the Terms in Women: the same drunk, morning and evening, unto the quantity of three ounces at a time, helpeth an old and continual Cough: the water simply of the Herb gargelled, and applied without, amendeth the Inflammation of the Throat: the abovesaid water drunk with a quantity of rosed Honey, availeth against the Strangulion, and gripings of the Belly, proceeding of Wind and cold Humors; the water applied with linnen clothes wet in it,

N asswageth

asswageth swellings, and pain of the Gout, also the Shingles, Burning, or Scalding, and hot Ulcers.

The Water of Yarrow.

The congruent time of the Distillation of Yarrow, is, That the whole Herb shred and infused in Wine, be distilled about the end of May in *Balneo Mariae*. This water drunk every morning (for a time together) to the quantity of four ounces at a time, and applying of it on the region of the heart, heateth a cold stomach; this also avail-eth against the Worms of the Belly, and difficulties of Urine: the water drunk with a dram weight of the fine powder of Cinnamon, stayeth the over-great Flux of the Terms; the rather, if the green Herb bruised, be applied at that time by a skilful Midwife. This water drunk sundry days, profiteth that person which hath lost his colour by much bleeding, and purgeth

purgeth the blood ; also fresh wounds washed with the same, and linnen clothes after the wetting in it, applied upon, morning and evening, doth speedily cure them. A handful of the Herb brused between two stones, and applied on fresh and bloody wounds, after the stitching of the Lips, if they be great, cureth them thoroughly within the space of Four and twenty hours, as of experience known by sundry persons : this water drunk, with Cow milk, unto the quantity of three ounces at a time, both morning and evening, helpeth the vehement heat of the Kidneys miraculously, and in short time ; and it like availeth in them, which have the Liver and Lungs ulcered, and this often experienced in many persons.

The Water of Angelica.

The aptest time for the Distillation of the most singular Herb Angelica, is, When this beginneth to yeild

yeild to flowers ; then the whole Herb with the Roots (broken and shred) infused a time in the best Wine, to be distilled by *Balneo Maria*, in a Cucurbite of Glasse with his head, and a large receiver set to the Nose of it, well closed about with Wax and Rozen mixed together : this water (thus Artly distilled) by drinking a quantity sundry mornings, doth not onely open, attenuate, and expel evil humors, but marvellously prevaileth against the Plague and deadly poysons : the same drunk with a quantity of rosed Honey, and a scruple weight of the powder of Cinnamon, or more, digesteth Flegmatick and Clammy humors ; yea, this amendeth the Cough in short time proceeding of Cold, in that it causeth the person more easily to spit up gross and clammy flegm : the water drunk divers mornings sweetened with a little Sugar or rosed Honey, doth recover and heal the inner Ulcers of the Bowels, and dissolveth the clotted blood within
the

the body, and strengthneth the stomach. This water ministred with a little of Cinnamon water, and a scruple of the powder of the Root at a time, for sundry mornings, doth miraculously help swooning, and other passions or griefs of the heart: this water availeth against the biting of mad and venomous Beasts, applied outwardly with Rue, and received within the body, with a scruple weight of fine Treacle: hereof it cometh to pass, that certain of the later Physitians have a great opinion in the bestowing of the Root (of the Herb) in their medicines, for the expelling of poyson.

The Water of the Nettle.

The Leaves and Flowers plucked off, require to be distilled about the thirteenth day of *July*, in *Balneo Maria*: this water drunk at morning, noon, and at evening, unto the quantity of three ounces at a time, profiteth against the Chol-

lick passion, and gripings of the Bowels, it putteth away the Stone, and griefs of the Kidneys proceeding of Cold; the like quantity drunk, helpeth an old Cough, the hard fetching of breath, and swooning, of an untemperate coldness proceeding, and like recovereth the Lungs cold: the same drunk a time together, prevaileth against worms of the Belly, and all maner of windy passions in the same; it profiteth filthy and mattry wounds, and sores running, if they be often washed with the same, or linnen clothes wet in it be applied upon: if linnen clothes wet in the water of the red Nettle, be divers times applied, doth marvellously recover and help in a short time, the bite of a mad Dog. The water of the Roots purely washed and shred, before the distilling in the Canicular days, drunk morning and evening, unto the quantity of two or three ounces at a time, prevaileth against a long continuing and cold Chollick, ceaseth an old Cough, and breaketh the

the Impostumes of the Lungs : the water drunk and applied on the members, putteth away the deprivation of feeling, speech, and moving, and the Palsie; it also profiteth the Privy place, looseth the Belly, healeth the griefs of the Lungs, and is to be applied to the Brest : the same drunk morning and evening, to the quantity of two or three ounces at a time, putteth away the pain of the stomach, draweth down womens Terms, and expelleth the yongling dead : A dram weight of the Powder of the Seeds drunk with a quantity of the water, and a little of Sweet Cuit of Raisins, provoketh a desire to the Venereal Act.

*The Water of Alkakengi, or
Winter Cherries.*

Of the Kernels gathered in the Moneth of *August*, and brused, let the water be distilled in *Balneo Mariae*, according to Art; this water daily drink at morning, noon, and

at evening, to the quantity of three or four ounces at a time (but to children and infants onely one ounce given) helpeth the Liver, the Stone of the Kidneys and Bladder: the water drunk in the same maner, stayeth the dropping of the Urine, speedily purgeth the Liver, Kidneys, and Bladder. This also drunk in the maner abovesaid, recovereth the grievous blistering and forenes of the Kidneys and Bladder, and right profitable for the pissing of Blood.

*The Water of Alchimilla, or
Lyons foot.*

Unto the congruent Distillation, the Root and Herb with the whole substance, requireth to be shred, and to be distilled about the end of May, or in the midst of June, in *Balneo Mariae*; this water drunk unto the quantity of three or four ounces at a time, both morning and evening, is not onely available for inward wounds, but healeth winding Ulcers

cers and Ruptures; the water applied with linnen clothes wet in it, on outward wounds, doth not onely assuage the evil heat, but also closeth them in short time: And this experienced in wound drinks, ministred by divers skilful Germans. A dram of the Powder of it, taken with three ounces of the water, helpeth the falling of the Bowels into the Cod, or other Rupture in short time, without any cutting; the like weight of the Powder, given with the water (sweetned with a little Sugar) for fifteen or twenty days together, procureth the woman (not apt to conceive, through a coldness of the overmuch moysture of the Womb, which letteth the retaining of the Seed injected) to conceive in short time after: the distilled water drunk, and conceived into the Womb, doth miraculously stay the Whites (or white Flux from the Back) in Women; yea, by the daily injection is the Privy place made so straight, that she cannot be known from the chaste Maiden,

Maiden, the rather by sitting in the decoction, which then is sooner performed. This also draweth up hanging Paps or Breasts of Women, and causeth them to be fast and hard, if linnen cloth wet in it, with water of Horse-tails, and the dried pears of Roses, with other stiptick things, be often applied.

The Water of Barberies.

The Fruit of Barberies when they be ripe (as in *October*) require to be distilled in *Balneo Maria*: this water given with the Syrup of Violets, to the quantity of three ounces at a time, morning and evening, doth not onely cease thirst in vehement and pestilent Agues, but suppresseth Chollerick and pernicious exhalations, causing an evil heat in man: the same like drunk, profreth against the heat of the Liver, in the Chollick passion, in the Casting or Vomiting up of meat, in Fluxes and painful gripings of the Belly, and restoreth the appetite weak.

weak. The water mixed with red Coral and drunk, stayeth the overmuch shedding of the Terms; the water drunk with the water of Grasse, or Parcelane, or Southernwood, sweetned well with Sugar, killeth the Worms in the Belly; the water drunk sundry times, helpeth the spitting of Blood; it fastneth loose Teeth, if they be often washed with it; it strengthneth the Gums and Jaws, by often gargelling, and represseth the hot stillings from the head: The water closeth the fresh wounds in the upper face of the flesh, and drieth up old Ulcers, being orderly applied; nevertheless, this water harmeth them, which be grieved with pains of the stomach, proceeding of wind and coldness, and that hardly fetch breath.

The Water of Bryony.

The Root of Bryony shred small, requireth to be distilled about the end of May; this water drunk, to
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the quantity of four ounces at a time, with the Conserve of Quinces, and a little Mastique, helpeth digestion, cleanseth the Brest, mundifieth the Brain, openeth the stoppings of the Bowels, causeth Urine, expelleth the Stone in the Kidneys, and delivereth the Falling-sickness; the water given with the Syrup of Roses, and Figs wrought together, doth marvellously help the Cough, and resolveth hard swellings, especially of the Milt; the water drunk with a little Cinnamon, draweth down the Terms, purgeth the whole Womb, and expelleth the dead yongling, the rather if she sitteth in the decoction of the Roots; the feet washed and labored with the same, prevaileth against the Gout. Four ounces of the water drunk, with a dram weight of some Cordial Powder, amendeth an evil stomach; but eight ounces received at a time, looseth the Belly. The water asswageth the burning heat of the Shingles, putteth away unseemly Spots, Moles, and Pimples, yea,

yea, cleareth a red and Leprous face, and amendeth the scars of wounds, if it be often applied after the form of a Liniment; the water applied with linnen clothes wet in it, doth recover a running Palfie, and putteth away a swelling, and the Kings Evil. The water sundry days drunk, doth marvellously help the suffocation or strangling of the Matrix, insomuch, that it thoroughly delivereth and healeth such of the same grief. And a woman daily vexed (in a maner) with this grief for certain years, was in the end thoroughly cured of the same, by drinking of the water boiled with an ounce of the Root, sweetned with Sugar (at the going to Bed) once in the week, for one whole year.

The Water of Shepherds Purse.

The Herb with the whole substance, gathered and shred small, requireth to be distilled in *Balneo Marie*, about the end of May, or

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beginning of *June* ; this water drunk morning and evening , to the quantity of three ounces at a time , with a little fine Bole and Plantain water , is profitable for all maner of Fluxes and gripings of the Belly , and helpeth the spitting up of blood ; in the same maner drunk , stayeth the abundance of the Terms in Women , if they fit in the decoction of the Herb and *Persicaria* or *Arifmart* : the water orderly applied , closeth fresh wounds , and mitigateth the dolor of all wounds , by washing them oftentimes with it ; this also dropped warm into the Ears , amendeth the matter running of them : the water applied with linnen clothes wet in it , on inflammations and the Shingles , mightily prevaieth ; yea , it stayeth all Fluxes of Blood , by applying linnen clothes wet in it round about , or on the place . This also commended for the washing of wounds on the head , in that it mightily stayeth bleeding ; and the same drunk to the quantity of six
or

or eight ounces sweetned with a little Sugar, stayeth the bleeding of wounds. The water restraineth the bleeding at the Nose, if a Pessary made with raw silk and dipped or wet in the same, be put up into the Nostrils; the like it performeth, if with a linnen cloth wet in the water, it be applied on the forehead.

The Water of Camomile.

The Herb Camomile, with the whole substance shred, requireth to be distilled by *Balneo Marie*, in a Cucurbite of Glass, about the end of May, or beginning of June: this water drunk morning and evening, to the quantity of two or three ounces at a time, sweetned with Sugar, doth mitigate the pain of the Belly, and gripings in the Bowels; it strengthneth the Sinews, taketh away the Palsie, and softneth stiff members: the same quantity drunk with rosed Honey, looseth the Belly, purgeth downward Melancholy and Flegm, with other clammy

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humors, and asswageth heat in the Bowels: The water in like quantity drunk, amendeth the Yellow Jaundise, openeth the Urinal ways, procureth Urine, and breaketh the Stone of the Bladder and Kidneys, by mixing the Saxifrias water with it; it moveth the Terms in Women, and expelleth the dead yongling (if any such be) in the Womb of the Woman, and all clammy humors besides of the Matrix: this water drunk, in the like maner abovesaid, doth put away Agues (without burning in the Bowels) proceeding of Cholerick humors, or by thickness of the Skin: It also openeth the Milt stopped, putteth away swelling of the stomach, by comforting and heating, it stayeth besides the Flux of the Belly, named *Lienteria*: In the abovesaid maner drunk, recovereth the Impostume of the Lungs, and amendeth the Leprosie; the water applied with linnen clothes on the Ulcered Privities, asswageth heat, and diminisheth the pain; the water drunk,

drunk, and applied with linnen clothes wet in it, doth speedily heal the bite and stinging of venomous Worms and Beasts; the water profiteth the Marrow or Bones, if they shall be felt cold, by often washing and rubbing of them with the same: It also comforteth the Brain, ceaseth Headach proceeding of a cold cause, stayeth the cold running of the Ears, and draweth down evil humors from the Brain, gathered of cold, if the Head by a Lye made with the Flowers boiled in it, be well washed.

The Water of Hony-Suckles.

The time congruent to the Distillation, is, That the Flowers be stowed in a Cucurbite of Glass, be distilled by *Bathed Maria*, about the beginning of June; this water drunk four or five days, morning and evening, recovereth the Cardiack passion, and hard fetching of breath; the water drunk in the same maner, helpeth the Dropick,

the shortness of wind, causing a long breath, and purgeth the stomack: This in like maner, prevaileth against the Stone of the Loyns, purgeth the Reins, and dissolveth the swelling of the Milt; yet by drinking a long time together of this, procureth Barrenness all the life time: This water is profitable for them to drink, which fear the coming of the Lepry, and purgeth the blood; it also amendeth the red Pusshes in the face, putteth away Moles, and causeth a clear face, if it be divers times in the day washed with the same; the water is effectuous for Palsie members, which be dried and consumed, if with the same they be daily rubbed; it profiteth old and new wounds, washed morning and evening with the same; it also healeth speedily old Ulcers on the Legs, as the worthy Chyrurgion *Johannes de Vigo* affirmeth, if they be often washed with the same; this anointed on any swellings healeth them, or drunk morning and

and evening, to the quantity of three ounces at a time. The water doth like recover astonished or benumbed parts of the body, by divers days drinking, or rubbing them with it; it healeth the burning or scalding, if the places shall be washed with the same, or linnen clothes wet in it, applied upon them; it healeth the Canker in the mouth, if it be often washed with the same, and the Gums ulcered within the mouth. A Canker washed with the same, morning and evening, or if linnen clothes wet in it be often applied, doth in short time cure the sore: the water dropped in the Eyes, doth amend a thick and dim sight; the water healeth a Fistula, putteth away Wheelks, the Itch, and foul Scabs, by often washing with the same.

The Water of Centory the lesser.

The time of distilling this Centory, is about the end of *June*; then the Stalks, Leaves, and Flow-

ers shred together, require to be distilled by *Balneo Mariae*, in a Cucurbite of Glass; this water drunk morning and evening, to the quantity of three or four ounces at a time, is right profitable for them, which have a raw and cold stomach, for all that which is evil and hurtful in the same, it consumeth; this drunk in the like quantity abovesaid, draweth and sendeth forth Choler, Flegm, and other gross humors by sieges: this water drunk of a childe, to the quantity of two ounces, but of a man (of full age) four ounces, in the morning fasting, expelleth the Worms in the Belly; the same drunk at the beginning of the fit, putteth away the Ague; but drunk for three mornings fasting (sweetned with Sugar) availeth against all Agues: the water drunk in the maner abovesaid, helpeth the hard fetching of breath, and putteth away an old Cough; the water drunk of a Woman, expelleth out of the Womb the dead yongling: this is right profitable for staying
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the desire to Vomit, and belching of the stomach; it procureth an appetite to meat; purgeth and expelleth gross humors, of which are wont to proceed Ach and pain in the Hips, Feet, and Hands, the Jaundise, and others like: the water sweetened with Sugar, and drunk in the morning fasting, recovereth the stopping of the Liver, Loyns, Milt, and Bladder, and amendeth the hardness of the Liver and Milt; it prevaieth against the Colick passion, and gripings of the Bowels. The water closeth and cureth new wounds big, if they be washed with the same, or by linnen clothes wet in it applied upon; and old Ulcers that may hardly be brought to a scar, are doing in the same maner covered with a scar: the water drunk much availeth, in the spitting of blood; the water mixed with a little Honey, and dropped into the Eyes, greatly cleareth them; the same drunk, sendeth the Terms. This drunk helpeth the Sinews affected, by emptying and drying

drying up the matter offending : the water sweetned with Sugar, and drunk fasting, is much available, for the obstructions of the Liver; and applied as well without the body, as received inward, is a singular remedy in the hardness of the Milt.

The Water of Cherries.

The great, red, and sowre Cherries with short stalks, when they shall be ripe, are to be gathered; and for two days spread abroad on a sheet, after distilled by *Balneo Mariae*, in a Cucurbite of Glass : this water, drunk twice or thrice a day, to the quantity of four ounces at a time, sweetned with a little Sugar, doth restrain the Terms, the Flux *Dysenteria*, and all other Fluxes of the Belly : In the same maner drunk and applied without, amendeth the heat of the Liver, stomach, and other parts of the body, and comforteth the heart. The distilled water of the Flowers, dropped into the

the Eyes at evening, when the patient goeth to Bed, putteth away the Pin and Web, and other spots of the Eyes; and the water like putteth away the redness, and watering of the Eyes, if it shall be dropped into them, twice or thrice a day. The water of the Black Cherries (distilled in the same maner) drunk twice a day, to the quantity of three ounces at a time, helpeth the Dropfie; but it behooveth that the patient in the mean time refrain from taking any other drink: the water drunk in the same maner, removeth the deprivation and Palsie of members; so that they be washed and rubbed with the same, and let to dry in by it self: in like maner washing and gargelling the mouth with it, restoreth the use of the Tongue lost; also such annoyed with those griefs, ought daily to drink the water fasting, to the quantity of two ounces at a time: the water drunk helpeth swellings, and is available in burning, and pestilent Agues, in that it cooleth,

cooleth, ceaseth thirst, and yeildeth
 strength: the water (of the ripe
 Black Cherries, newly distilled in
 a Cucurbite of Glass, by *Balneo
 Mariae*) drunk to the quantity of
 half an ounce at a time, or poured
 into the mouth at the time of the
 fit of the Falling-sickness, doth
 forthwith revive the person to
 knowledge of himself, and causeth
 him to be free from Convulsions
 and Cramps, until the next fit take
 him; which assoon as it shall hap-
 pen to come again, let that same
 quantity of the water be poured
 into the Patients mouth; for this
 not onely shall let, but take away,
 and heal altogether the fit; as the
 like of experience know. A certain
 Woman afflicted with the Falling-
 sickness, recovered health, and
 was delivered throughly of it, by
 the daily receiving (and at the fits)
 of the water distilled of the Black
 Cherries, the lesser Nettle, and the
 flowers of the Tree named *Tilia*.
 The water distilled of the Meat and
 Kernels brused together, doth send
 forth

forth the sand, procuring the Stone in the Kidneys and Bladder. The Gum of the Tree infused a time in this water, and drunk twice a day, is not onely available against an old Cough, but helpeth such as are vexed with the Stone.

The Water of Chervel.

The chosen time for the distilling of Chervel is, that the Herb, the Root, with the whole substance finely shred, be distilled by *Balneo Mariae*, about the middle of May: this water drunk morning and evening, to the quantity of four ounces at a time, helpeth persons Bursten, and harmed by a grievous fall, and resolveth the blood clotted into lumps: the same drunk, helpeth the Stone of the Kidneys, and a great quantity drunk at a time, looseth the Belly, it causeth a good stomach, strengthneth and comforteth the Heart, putteth away the cold shivering or shaking of the Ague, amendeth the Head,

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and comforteth the senses : the water drunk in the maner abovesaid, putteth away most great pains, and prickings or stiches, it helpeth the Lungs, and his affects or griefs.

The Water of Germander.

The time of the Distillation is about the middle of May, then the Herb with the whole substance shred small requireth to be distilled by *Balneo Maria* ; the water drunk fasting, to the quantity of four ounces at a time, dissolveth the swollen and hard Milt, provoketh Urine, and sendeth down the Terms : this drunk in like quantity, cutteth asunder the grois and clammy humors, clenseth the stoppings of the Bowels, and expelleth the yongling dead : this water for an inward Rupture is right profitable, if to the quantity of four ounces at a time, it be oftentimes (in the day) drunk : this water daily drunk, morning and evening, to the quantity of three ounces at a time,

a time, sweetned with a little Sugar, purgeth, and causeth good Blood, gladneth the heart, refresheth and cooleth the Liver, especially if it shall be distilled with the flowers: the water also recovereth the exulceration of the mouth, if it be often washed with the same.

The Water of the Stock Gilliflower.

The congruent time for the Distillation is, about the end of *April*, or midst of *May*, when the Flowers shall be full blown, then the Herb with the whole substance finely shred, ought to be distilled by *Balneo Marie*, in a Cucurbite of Glass: this water drunk, morning and evening, to the quantity of two ounces at a time, recovereth the Frantick person, and comforteth the Brain: the water in the same manner drunk, strengthneth the Liver and Kidneys, procureth the Terms, causeth Women to be fruitful, cleanseth them after the birth of Childe, and sendeth forth the yong-
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ling dead : In the same maner the water drunk, heateth and comforteth the heart cold, sharpneth the senses and reason, joyeth the minde, clenfeth and strengthneth the blood corrupt, heateth the marrow of the Bones, and recovereth cold Fluxes. The Deprivation or Pallie of the Tongue, doth the water help; or if the sides shall be molested with this evil, the water throughly recovereth, by drinking twice a day of it, or rubbing the members therewith : the water delivereth the trembling of the hands, if they be rubbed with the same; the like doth the water perform, drunk morning and evening. The water drunk morning and evening, to the quantity of two ounces at a time, temperateth the heat of the heart, comforteth and openeth the same; the water dropped twice in the day, doth put away spots in the eyes, whether those shall proceed of heat, or of cold, and procureth a clear and fair face : the water ceaseth all pains of the head, by applying and binding

binding about the head, linnen clothes wet in it ; and in the same maner applied, procureth sleep to weak persons.

The Water of Dragons.

The congruent time of distilling is, That the Root shred and brused, be distilled by *Balneo Mariae*, between the Moneths of *July* and *September* : the water drunk with a little rosed Honey, prevaileth against the Plague ; the water drunk morning, and evening, helpeth the Cough, openeth obstructions, attenuateth gross Flegm, purgeth the Breast of evil humors, clenseth the Bowels, and helpeth the dropping of Urine ; the water is greatly available, if any shall happen to have a grievous fall, or be stricken, or pricked with weapon, or brused with staff, that the blood within the Body or Skin shall be congealed ; then take a Wine-pint of this water, and four ounces of Mustard-seed brused,

these after the tempering with four ounces of Charvel water, and strained through a cloth, and wringed out to the maner of Milk, give to drink (sweetned afore with half an ounce of Sugar Pennets) morning and evening, to the quantity of three ounces at a time, for this thoroughly helpeth in short time. If Cotton wet in the water, be laid on fresh wounds, stayeth the bleeding of them; it also healeth wounds, by linnen clothes (wet in it) applied upon; or by drinking morning and evening, to the quantity of two ounces at a time: the feet astonished, and without feeling by cold, washing morning and evening with the same water; for it expelleth the cold, and mitigareth the grief: the person bit or stinged of a Snake or Adder, let him wash the grieved place with linnen clothes wet in it, and apply those upon the sore, for it speedily helpeth; the like doth heat a Canker, if linnen clothes wet be applied.

The Water of the greater Comfrey.

The Roots with the whole Herb
 shred and brused, require to be
 distilled by *Balneo Mariae*, about
 the middle of the Spring: This
 water drunk helpeth such as are
 Bursten, and that have broken the
 Bone of the Leg, by taking of the
 same to the quantity of three oun-
 ces at a time, both morning, noon,
 and at evening: It healeth the chops
 of the Lips, if they shall be washed
 with the same: the water drunk,
 and linnen clothes (after the wet-
 ting in it) applied upon, doth spec-
 dily heal wounds, and extinguish-
 eth Inflammations, and ceaseth pains;
 the water in the same manner appli-
 ed, asswageth the burning of the
 Shingles, and expelleth outward
 swellings: applied with Cotton
 wet in it, stayeth the bleeding of
 wounds: the like it performeth, if
 mixed with any other drink, it be
 drunk twice or thrice a day: The
 water drunk twice a day, dissolveth

and sendeth forth the clots of blood congealed in the stomach, or in any other part of the body; and this applied with linnen clothes wet in it, doth marvellously cleafe and cease the running of mattery Ulcers eaten in, hapning about the Privy place of man or woman.

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and *The Water of Filipendula.*

The chosen time for distilling the same is, that the whole Herb with the Roots shred small, be distilled by *Balneo Mariae*, about the end of May. This water drunk morning and evening, to the quantity of three ounces at a time, with a dram weight of the Powder of the Gentian Root, sweetned with Sugar, helpeth the staying back of the Urine, and dropping of the same; it also amendeth the coldness of stomach, and helpeth digestion. This in like maner drunk, helpeth such fetching the breath short and painfully, and all sicknesses proceeding of a cold cause: the water drunk in the like quantity

ty abovesaid, mixed with a dram weight of the Powder of the Blessed Thistle, sweetned with Sugar, helpeth the Plague, and prevaileth against Poyson, eaten or drunk by hap : the water drunk morning and evening, to the quantity of four or six ounces at a time, sweetned with Sugar, easeth the griefs, and expelleth the Stone of the Kidneys and Bladder.

The Water of Hasil Nuts.

The green Hasil Nuts gathered and brused, require to be distilled by *Balneo Marie*, about the midst of July : this water well labored on the Hands and Arms, morning and evening, and let to dry in by it self, putteth away Scabbedness, and trembling or shaking of the hands. The water distilled of the fresh Hasil Nuts, drunk fasting, to the quantity of two drams at a time, miraculously helpeth the Colick, and gripings of the Bowels; a thing sure, and experimented often, as writeth the learned *Alexander Benedictus*.

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The Water of Quinces.

The chosen time for distilling of Quinces is, when they be ripe, then they shred and bruised, require to be distilled by *Balneo Mariae*, in a Cucurbite of Glass. This water to the quantity of four ounces, mixed with three ounces of thick Red Wine, and drunk morning, noon, and at evening, yeildeth fresh blood, amendeth an evil stomach, in that it comforteth and strengtheneth the same, retaineth the meat in it, and putteth away the will to Vomit; it also ceaseth belching of the stomach and vomiting, and restraineth all maner of Fluxes of the Belly, and comforteth all the members of the body, by daily and often drinking of it; the water amendeth the exulceration of the Throat, if it be often gargelled within the mouth. The water retained in the mouth, ceaseth thirst, healeth Tongue ulcered, and coolth the heat of the stomach: The
water

water taken with a dram weight of some Cordial Powder at evening, procureth an appetite and desire to eat, yeildeth a great strength to the heart, and comforteth it, and putteth away Drunkenness. In the griefs of the Bowels this is not to be used, in that it restraineth; and in Feavers this neither is to be ministred, when as any coveteth to have the Belly soluble. The water of Quince flowers (distilled by *Balne Mariae*, in a Cucurbite of Glasse) drunk of Women, to the quantity of two ounces at a time, stayeth the great Flux of the Ternis; in the same maner drunk, comforteth the heart, and stayeth the will to vomit and vomiting, by drinking to the quantity of three ounces at a time, morning, noon, and at evening.

F I N I S.